

NYP Community Programs in Westchester County

Programs and Events

- **Blood Drives** in partnership with the New York Blood Center
- **Cancer Screening and Outreach**
- **Car Seat Checks & Installation** in collaboration with the local police departments
- **Careers in Medicine Events:** High school students are introduced to different careers in medicine and healthcare, such as surgery, robotics, and nutrition.
- **Community Flu Shots**
- **Community Lecture Series:** Talks on mental health and wellness by NYP experts
- **Education for Professionals and Students:** Professional development events, as well as placements for residents, interns and externs from local colleges and hospitals.
- **Food Distribution:** Identifying and supplying food-insecure families with healthy foods.
- **Heart Disease Outreach:** Screening and information on heart disease, blood pressure, nutrition, and exercise
- **Lunch & Learn:** Presentations for the community led by physicians and other clinicians
- **Mental Health Outreach:** Resources for the community on services and support
- **Physician in the Kitchen and Specialty Cooking Classes:** Physicians and chefs show how to create nutritious meals for targeted populations, including seniors, people with disabilities, and people managing chronic diseases



Support Groups

- Aphasia
- Bariatric
- Breastfeeding
- Breast Cancer (in Spanish)
- Cancer
- Diabetes
- Joint Replacement
- Living with Loss
- Sleep Apnea

For more information or to take part, please email community@nyp.org.