

# Adult Swallowing

To schedule an appointment for a feeding and swallowing assessment or treatment plan at:

- Flushing (Main Campus), please call 1-855-37REHAB (73422)



Speech pathologists are part of a comprehensive team of interdisciplinary medical specialists, (including neurologists, pulmonologists, gastroenterologists, otolaryngologists, cardiothoracic surgeons, palliative care specialists, radiologists and dietitians), who optimally manage the patient with swallowing impairment.

## Common Conditions Treated

- Difficulty controlling saliva or food in the mouth
- Difficulty accepting food in the mouth
- Feeding refusal
- Difficulty chewing
- Coughing before, during or after swallowing
- Weight loss
- Frequent upper respiratory infections
- Pneumonia (resulting from overt and silent aspiration)
- A gurgly or wet voice after food or liquid intake
- Pain upon swallowing
- Regurgitation of food or liquid after meals

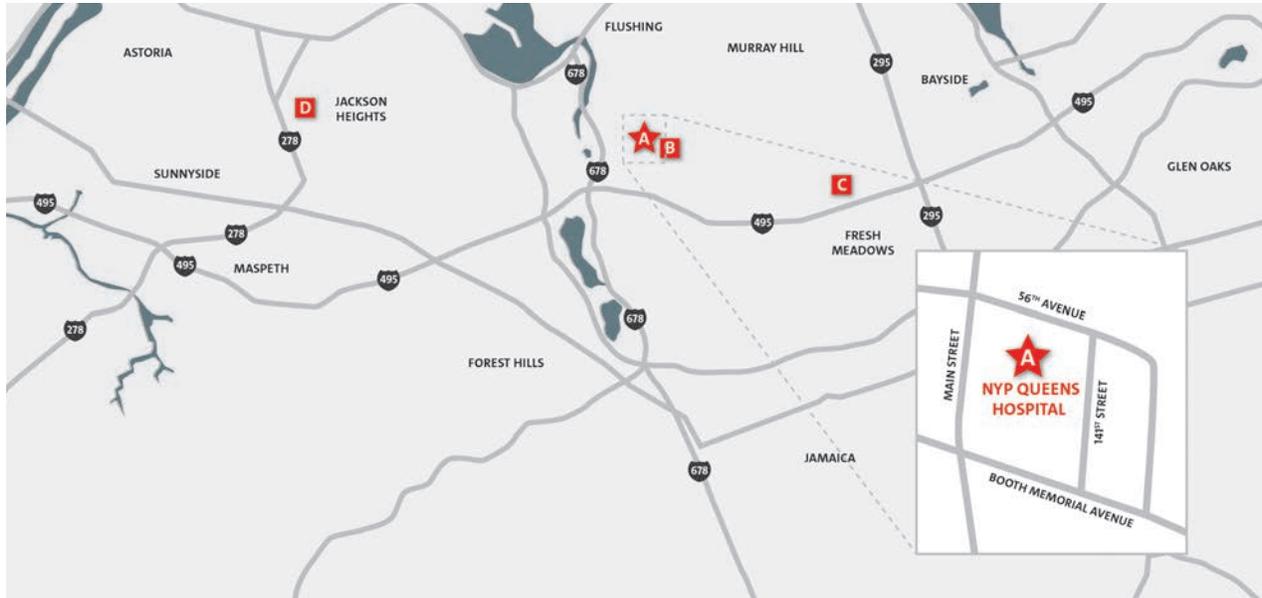
Patients are evaluated both clinically and through the use of radiological and/or endoscopic instrumental tools.

**Radiographic Assessment.** The video fluoroscopic swallow study, or modified barium swallow is used to assess the swallowing mechanism. Swallow function is viewed on an x-ray while the patient swallows various consistencies of food and liquid mixed with barium, a radiopaque substance that allows the specialist to see the food via the moving x-ray.

**Endoscopic assessment (FEES).** Swallow function is viewed on a screen using a small fiberoptic scope inserted through the nose. The patient is able to eat and drink while a speech pathologist directly visualizes where the food and liquid goes from the mouth into the throat.

Left undiagnosed and untreated, unidentified swallowing problems can lead to chronic and/or significant pulmonary and nutritional complications. Speech pathologists utilize the information obtained from the clinical and instrumental assessments to identify why the swallowing impairment occurs. A treatment plan is then created to implement strategies to improve safety and comfort during eating and drinking. We provide comprehensive diagnostic and therapeutic intervention across the age continuum, from pediatrics to geriatrics.

# NewYork-Presbyterian Queens Rehabilitation Locations



**A** **NewYork-Presbyterian Queens Main Campus**  
56-45 Main Street, Flushing, NY 11355

**B** **NewYork-Presbyterian Queens**  
56-45 Main Street, 4 North, Flushing, NY  
Please call 1-855-37REHAB (73422) to  
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Speech Language Pathology  
and Swallowing
- Hand Rehabilitation
- Sports Medicine Rehabilitation
- Adult Swallowing
- Pediatric Feeding and Swallowing
- Adult Speech and Language
- Fall Prevention

**C** **NewYork-Presbyterian Queens**  
163-03 Horace Harding Expressway,  
2nd Floor, Fresh Meadows, NY 11365  
Please call 1-855-37REHAB (73422) to  
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Hand Rehabilitation
- Lymphedema Rehabilitation
- Neurological Rehabilitation
- Sports Medicine Rehabilitation
- Vestibular Rehabilitation
- Fall Prevention

**D** **NewYork-Presbyterian Medical Group Queens**  
72-06 Northern Boulevard, 2nd Floor,  
Jackson Heights, NY 11372  
Please call 1-844-REHAB01 (734-2201) to  
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Hand Rehabilitation
- Sports Medicine Rehabilitation
- Fall Prevention