

## New York-Presbyterian PPS Newsletter

Welcome to the August 2016 NYP PPS newsletter. We hope you enjoy the updates!

### **Tobacco Cessation Resources Available to Collaborators:**

The NYP PPS Tobacco Cessation Project is developing resources to support collaborators on tobacco treatment. The project is offering onsite training and education for primary care providers and clinical staff, webinars, printed materials and brochures. The team is interested in learning about the tobacco treatment services that NYP PPS collaborator organizations currently provide and would like to assess interest in receiving assistance. To that end, we ask that NYP PPS network members complete an online survey that can be accessed at the following website:



[https://cumc.co1.qualtrics.com/SE/?SID=SV\\_bd6RQbYSYNQ3HIp](https://cumc.co1.qualtrics.com/SE/?SID=SV_bd6RQbYSYNQ3HIp).

The Tobacco Cessation program staff will follow up via email and/or phone after they receive your survey responses.

**Value Based Payment (VBP) Update:** There are several recent updates regarding Value Based Payment that we would like to share with you:

- The State recently released a Value Based Payment video called "Value Based Payment for Providers," which provides an overview of what Value Based Payments are, their role in the NYS Medicaid program and their intended impact on health outcomes and the healthcare delivery system. The video is available in both English and Spanish and can be access here:
  - English: [https://www.youtube.com/watch?v=\\_mvfd5GXvvs](https://www.youtube.com/watch?v=_mvfd5GXvvs)
  - Spanish: <https://www.youtube.com/watch?v=ubrHIKKc1Cs>
- The State has held two out of three VBP bootcamp sessions in the

regional NYC area, with a goal of delivering necessary information about VBP to the plan and provider communities that will support a successful transition to VBP implementation as part of Medicaid payment reform. Reference materials from each of the sessions can be found here:

- Session 1 - [Introduction to VBP](#)
- Session 2 - [Contracting and Risk Management](#)
- Session 3 - [Performance Measurement](#) (scheduled for September 12th)
- *The New England Journal of Medicine* recently published an article on Value Based Payment titled "Counting Better - The Limits and Future of Quality-Based Compensation." The article can be accessed [here](#).
- More information about VBP can be found [here](#) on the NYS DOH website.

### **Staff Spotlight: Dr. Margaret R. Nolan, DNP, GNP-C, ACHPN**

For the month of August, we would like to introduce Dr. Margaret R. Nolan, DNP, GNP-C, ACHPN, who works as a Nurse Practitioner for NYP and is an integral member of the NYP PPS Palliative Care Project. Dr. Nolan began working on this project in September of 2015 and has served as a passionate and experienced advocate throughout the development process. This project is working to expand access for the Medicaid population to enhanced palliative care and support for patients with advanced illness and their families. Dr. Nolan has contributed to many aspects of this project, including project development and design, direct patient care, networking across the PPS and Ambulatory Care Network, as well as education and advocacy efforts. She is proud to be a driving force in the growth and development of Outpatient Palliative Care Services for the Ambulatory Care Network at NYPH and, most recently, the Ambulatory Opiate Task Force. She states that she celebrates the more subtle accomplishments of the project as well, such as increased communication amongst providers, to whom she has even lent her expertise for consultations.

Dr. Nolan graduated from Stony Brook University School of Nursing with her Doctor of Nursing Practice (DNP). She has also earned her Master of Science in Nursing (MSN) from Hunter-Bellevue School of Nursing, and from Lienhard School of Nursing at Pace University she earned her Bachelor of Science in Nursing (BSN) and her Associate of Science in Nursing (ASN). She is Board-certified in Gerontology and Advance Practice Hospice and Palliative Care along with BLS and ACLS. She has worked in nursing since 1981, with the last 23 years as a Nurse Practitioner. Her career includes a diverse array of settings spanning the Intensive Care Unit, Emergency Department, Mental

Health Crisis Team, Geriatric Primary and Urgent Care, Pain and Palliative/Hospice Care, Neurology and academic medicine and research, along with various volunteer service experiences, publications and committee contributions. Her most recent publications include bimonthly geriatric and nursing articles for *Medscape Nurses* online and, this year, an article on the impact of education amongst primary care providers in their capacity to lead their patients in advance care planning.

For more information about the NYP PPS Palliative Care Project, please click [here](#).

### **Collaborator Spotlight: The Mexican Coalition**



The Mexican Coalition, or Coalicion Mexicana, operating since 2013, has achieved a far-reaching and comprehensive impact in their nearly three years of service. Though their physical address is located in the South Bronx, their goal, according to the organization's President Jairo Guzman, is to go where the need is. Their mission is to "strengthen individual, organizational and community capacities to enable the Mexican and Latin American community to realize their aspirations for full integration - civic, cultural, and political within American Society." It is this mission that led to their inclusion in the Ambulatory ICU Pediatric project of the NYP PPS - "SKATE - Special Kids Achieving Their Everything" - as it aligned closely with the efforts to improve the lives of children with special needs in the community. The Mexican Coalition is collaborating with the NYP Center for Community Health Navigation and has jointly hired and trained two community health workers on the SKATE project where they are critical to the PPS's success in helping families overcome all of the various challenges they face in managing their children's complex medical and social issues.

The Mexican Coalition's values shape the comprehensive array of services they offer and include empowerment, leadership, education, professionalism, cooperation, support and responsibility. They offer ESL and citizenship courses in the Bronx as well as at other partner sites like churches and schools. Through a partnership with Citizenship Now!, four times per month a lawyer is available for consultations on immigration concerns. Launched in June of this year, their Business Incubator, which walks aspiring female entrepreneurs through the process of launching a business, is geared towards women's empowerment and is offered completely in Spanish. Additionally, the Mexican Coalition has a 110-hour training program for Community Healthcare Workers (CHWs) which aims to support their

preventive health services, wellness program and mobile medical unit. Most services offered by the organization are free or at a minimal fee.

For more information about the Mexican Coalition, please visit their [website](#) or [Facebook page](#).

To learn more about the SKATE Project and the CCHN, please click [here](#).

### **Project Spotlight: Care Transitions to Reduce 30-Day Readmissions**

For the month of August, the NYP PPS is showcasing the Care Transitions to Reduce 30-Day Readmissions project. With the global DSRIP goal to reduce preventable hospital use by 25%, it is clear why this project is crucial to the success in achieving this goal. The focus of the Transitions of Care (ToC) team is to improve continuity of care and bridge the inpatient setting with any necessary follow-up care for adults who present high risk for readmission for medical or psychosocial reasons. To date, eight Registered Nurse Transitional Care Managers (TCMs) have been onboarded, and the project has developed an evidenced-based protocol to standardize the level of care for over 500 patients.

Working closely with patients, TCMs facilitate delivery of disease and self-management education, create linkages to primary care providers and long-term care management, and create plans of care to ensure safe transitions to appropriate outpatient settings. Additionally, the project seeks to assist in the fulfillment of necessary prescriptions given prior to discharge that can pose challenges for patients. Some sites like NewYork-Presbyterian/Lower Manhattan Hospital have begun delivering medications at bedside prior to discharge.

As of August 2016, the project implemented a Community Health Worker model. Through this collaboration, CHWs work closely with TCMs to reinforce disease-focused education, conduct home visits and accompany patients to follow-up appointments. The success of this effort is dependent upon the continued collaboration with a diversified mix of agencies to maximize care transitions resources. These include, but are not limited to, Northern Manhattan Improvement Corporation, Lenox Hill Neighborhood House, Hamilton Madison House, the Center for Community Health Navigation, HIV Center of Excellence, NYP Health Home, NYP Ambulatory Care Network and Metropolitan Jewish Health System Certified Home Health Agency.

In the coming months, the project hopes to continue building out a pharmacy

strategy, enhance connections with additional community-based organizations and broaden awareness of project services both internally and externally.

**Volunteer Activities:** The NYP DSRIP team has been actively engaging the community through participation in volunteer activities at collaborator organizations. On April 13th, the team went to SoHo to work in the God's Love We Deliver kitchen. The volunteers spent the afternoon helping to prepare the thousands of meals God's Love We Deliver produces each day. On June 10th, the team went to Thurgood Marshall Academy for Union Settlement's College Readiness Week, where they spoke to groups of high school students about careers in healthcare, higher education and professional attire. On July 28th, a group volunteered with Union Settlement's Meals on Wheels program, helping to prepare and deliver meals to senior citizens in East Harlem. To contact the DSRIP team about volunteer opportunities available with your organization, please email us at [ppsmembership@nyp.org](mailto:ppsmembership@nyp.org).