

## Neonatal Intensive Care Unit



### NICU Facts

- 24 Beds
- 6 Neonatologists
- 30 Pediatric Residents
- 70+ Registered Nurses
- 4 Neonatal Nurse Practitioners
- 5 Nursing Assistants
- 5,600 Births per Year

### Special Programs Offered

- Virtual visits: Parents with babies in the NICU can schedule virtual one-on-one time with their newborns through the NYP app on their mobile devices when they are unable to be with them in person.
- Cuddlers: Under the guidance of medical staff, cuddlers help to calm fussy babies, thereby reducing their stress and helping to clear their path to recovery. Research has shown that the care that cuddlers give to babies helps lead to shorter hospital stays, quicker weight gain, and improvement in development. We are one of the few hospitals in the country to offer this program.
- NICU-dedicated board-certified lactation consultants and baby-friendly RNs for breastfeeding support and coaching.
- Portable breast pumps for use at baby's bedside.
- CPR training for new parents.
- Pasteurized donor human milk is available for premature babies who are not receiving their mother's own milk.



### Areas of Greatest Need

- Hospital-grade breast pumps for bedside and to loan to new parents
- Dedicated parents' room to create a family-centered space while awaiting entry to the NICU
- Recliners to make optimal breastfeeding positions easier to attain and overnight stays more comfortable for family members
- Room dividers to provide privacy to families and breastfeeding mothers
- Child life services to improve the developmental environment of growing preemies
- Transportation for patients and families in need to and from the Hospital so they can visit their newborns

### NICU Team

All babies are unique and have their own individual needs. The NICU team is equipped and ready to meet those needs. Our pediatric healthcare professionals include board-certified neonatologists, neonatal nurse practitioners, specially trained neonatal nurses, physical and occupational therapists, lactation consultants, specialists in feeding, and respiratory therapists, among others.

New York Presbyterian Brooklyn Methodist Hospital offers a multidisciplinary network of care. Consulting physicians may assist the NICU team in evaluating and managing specific issues, such as cardiology, endocrinology, gastroenterology, infectious diseases, nephrology, neurology, and ophthalmology. These specialists conduct their evaluations in the NICU.

Social workers are also available on the unit and can provide emotional support for parents as well as assist families with non-medical needs, including advice about medical insurance, prescriptions, letters of need/absence, directed blood donation, breast pumps, and home care.

We recognize that parents are the most important members of the baby's care team. We encourage and welcome them to participate in activities such as taking their baby's temperature, changing diapers, feeding, and providing skin-to-skin care.

If you are interested in making a gift to the NICU, please contact the Department of Development at (718) 501-6880 or [BMHdevelopment@nyp.org](mailto:BMHdevelopment@nyp.org).

You may also make your gift online at [nyp.org/brooklyn/donate](http://nyp.org/brooklyn/donate).

Neonatal Intensive Care Unit  
New York Presbyterian Brooklyn Methodist Hospital  
506 Sixth Street • Brooklyn, NY 11215 • (718) 780-3727

If you wish to have your name removed from lists to receive fundraising requests supporting New York Presbyterian Brooklyn Methodist Hospital in the future, please either write us at Department of Development, New York Presbyterian Brooklyn Methodist Hospital, 506 Sixth Street, Brooklyn NY 11215, call (718) 501-6880, or e-mail [BMHdevelopment@nyp.org](mailto:BMHdevelopment@nyp.org).