





Housing and Mental Illness

May 28, 2019

Housing Instability Webinar Series

Part 1: The Intersection between Health and Housing	Wednesday, November 14, 2018	Click <u>here</u> to view webinar
Part 2: Navigating the Shelter System	Wednesday, December 12, 2018	Click <u>here</u> to view webinar
Part 3: Permanent and Supportive Housing	Wednesday, January 16, 2019	Click <u>here</u> to view webinar
Part 4: Affordable Housing	Wednesday, January 30, 2019	Click <u>here</u> to view webinar
Part 5: Eviction Prevention	Wednesday, February 20, 2019	Click <u>here</u> to view webinar



Developed in partnership with 1199SEIU Training and Employment Funds



Upcoming Housing Workshops

Housing and Youth

Wednesday, June 12th | 9:00am - 11:00am 1283 York Avenue, 3rd Floor, Room A-301

Click here to Register

Housing and Justice-Involved

Wednesday, June 26th | 9:00am - 11:00am 1283 York Avenue, 3rd Floor, Room A-301

Click here to Register

All are welcome to attend.

Limited seating for each workshop.







Workshop Agenda	Facilitator(s)	Time
Check-In & Introductions	Patricia and Bonnie	9:00am - 9:10am
Overview of Housing Services	Bonnie	9:10am - 9:30am
ACMH (Landscape of mental health and housing needs, challenges of housing patients with a mental illness, assessing for housing needs)	АСМН	9:30am - 10:00am
Break	All	10:00am - 10:10am
	АСМН	10:10am – 10:30am
ACMH (Engaging patients around housing needs, resources, supportive housing)		
	All	10:30am – 10:50am
Q&A / Open Discussion	All	10:50am - 11:00am
Evaluations		

Learning Objectives

Attendees will be able to:

- Describe the housing challenges for populations with mental illness
- Assess for housing instability for patients/clients with a mental health needs
- Engage this population around their housing needs
- Utilize resources and tools to assist populations with mental illness and housing needs



Mental Illness and Homelessness in NYC

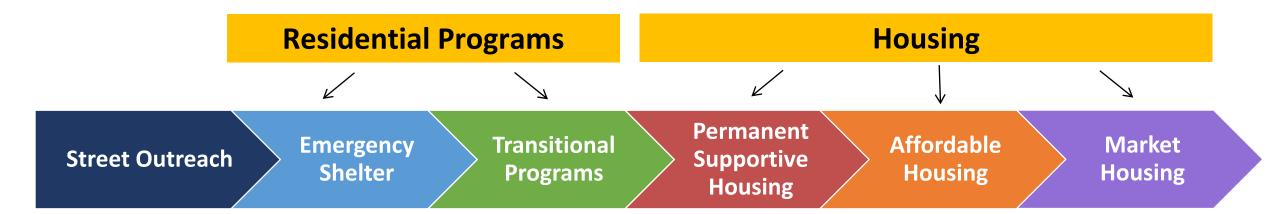
- Homelessness crisis emerged in the 1970s and 1980s
 - Deinstitutionalization of psychiatric patients from New York State hospitals
 - Dramatic reduction of single room occupancy (SRO) units
- In May 2019, there were 58,224 homeless people sleeping each night in the New York City municipal shelter system
- On January 22nd, 2018 the City counted 3,675 unsheltered individuals on NYC streets and subways
- Majority of street homeless New Yorkers are people living with mental illness or other severe health problems.
 - Compared to homeless families, homeless single adults have much higher rates of SMI, SUD, and other severe health problems.
- There are 21,640 units of housing for people with mental illness in NYC
 - OMH Residential Program Indicators

Glossary

- <u>COD</u>: Co-occurring disorder (2 or more of substance use, mental health, physical, or cognitive disorders)
- <u>CR/SRO</u>: Community Residences/Single Room Occupancy
- <u>DHS</u>: New York City Department of Homeless Services
- DV: Domestic Violence
- <u>DOH</u>: State Department of Health
- HASA: New York City HIV/AIDS Services Administration
- HH: Health Home
- HCR: State Department of Homes & Community Renewal
- HDC: New York City Housing Development Corporation
- <u>HFA</u>: State Housing Finance Agency
- HRA: New York City Human Resources Administration
- HUD: U.S. Department of Housing and Urban Development
- <u>Level 1 Housing:</u> for consumers who are not able to live independently. They are categorized as long term care, with on-site supervision.

- <u>Level 2:</u> for consumers who need assistance with developing independent living skills. There is a high level of support and supervision.
- MCO: Managed Care Organization
- MICA: Mentally Ill and Chemically Addicted
- MLTC: Managed Long-Term Care
- MRT: Medicaid Redesign Team
- OASAS: State Office of Alcohol and Substance Abuse Services
- OMH: State Office of Mental Health
- OTDA: State Office of Temporary and Disability Assistance
- PPS: Performing Provider System
- <u>SH</u>: Supportive Housing
- SMI: Serious Mental Illness
- <u>SNF</u>: Skilled Nursing Facility
- <u>SPMI</u>: Serious & Persistent Mental Illness
- SUD: Substance Use Disorder

Continuum of Shelter/Housing in New York City



Other

- Jail*
- Nursing Home*
- Hospital*

Street Outreach

Bronx: BronxWorks **Brooklyn:** Breaking Ground Manhattan: Manhattan Outreach Consortium CUCS **Designated Homeless Breaking Ground Outreach Teams (HOME-**Goddard Riverside STAT) **Queens:** Breaking Ground **Staten Island:**Project Hospitality MTA Subway System: BRC, 212-533-5151 Can reach any outreach team by calling 311 **Code Blue** Temperature falls below 32 degrees or wind chill below 0 degrees (Fahrenheit). Ice storms or freezing rain OR snow greater than 6 inches. Code Blue/Code Red Code Red Heat index of 90 degrees is predicted by the National Weather Service with in 24 hours.

Emergency Shelter

- Provide hot meals, showers, laundry, clothing, medical care, recreational space. * Typically no sleep-in beds. Connects people with case managers. For chronically street homeless, or other hard-to-reach homeless
- Referrals from street outreach; drop-in center
- Locations
 - Manhattan: Mainchance 120 East 32nd St. in East Midtown; Subway: 6 to 33rd St. 212-883-0680 Ext. 108
 - Manhattan: Olivieri Center 257 West 30th St. near Penn Station; Subway: 1/2/3/A/C/E to 34th St. Penn Station
 - **Bronx:** The Living Room 800 Barretto St., Bronx; Subway: 6 to Hunts Point Ave.
 - Brooklyn: The Gathering Place 2402 Atlantic Ave. in Brooklyn; Subway: A to Broadway Junction
 - Staten Island: Project Hospitality 25 Central Ave. in Staten Island

Drop-In Centers

Emergency Shelter

of Homeless
Services (DHS)
Shelter

- Centralized intake process for men, women and families
- Intake process to be deemed homeless and eligible for shelter. Client is assigned to one shelter.
- Shelter Intake Centers:
 - Adult Men
 - 30th Street, 400-430 East 30th St./1st Ave., Manhattan; Subway: 6 to 28th St.
 - Adult Women
 - Franklin Shelter, 1122 Franklin Ave., Bronx; Subway: 2/5 to 149th St., then #55 bus to 166th St. & 3rd Ave. or the #21 bus to 166th St. & Boston Road
 - HELP Women's Center: 116 Williams Ave., Brooklyn; Subway: C to Liberty Ave.
 - Adult families with no children under 21 years old
 - Adult Family Intake Center (AFIC): 400-430 East 29th St., Manhattan; Subway: 6 to 28th St.
 - Families with children under 21 AND pregnant women
 - Prevention Assistance and Temporary Housing Office (PATH): 151 East 151st St., Bronx;
 Subway: 2, 4 or 5 to 149th St. Grand Concourse.

Emergency Shelter

DHS Single Adult Shelter	 >140 single adult shelters citywide, some are designated as mental health shelters Dormitory style 10 pm Curfew Services: bed, meals, laundry, case management, housing placement, employment assistance
DHS Family Shelters	 >160 shelters citywide for families with children under 21 Private family units subject to inspection at any time 10 pm curfew; 9 pm children must be in unit with responsible adult Visitors in common areas only, not the unit Average length of stay over 400 days Must meet additional criteria for rental subsidies Services: bed, meals, laundry, case management, housing placement, employment assistance
DHS Adult Families	 24 shelters citywide Defined as legally married or domestically partnered, medical dependence, children over 21, sibling, grandparent, aunt/uncle, or caretaker role Single rooms, 10 pm curfew Services: bed, meals, laundry, case management, housing placement, employment assistance

Transitional Programs

Safe Haven (congregate)	 Housing and rehab services for hard to reach homeless population with SMI who aren't engaged in conventional housing/outpatient treatment Outreach teams are usually the portals of entry for Safe Havens NYC DHS
Crisis Respite Centers (congregate)	 Alternative to hospitalization for people experiencing emotional crises. Stays for up to one week with access to group, recreational, peer support activities Manhattan: Community Access, Inc Crisis Respite Center 315 2nd Avenue New York, NY 10003, Phone: 646-257-5665, x 8401; Website Bronx: Riverdale Mental Health Association - Crisis Respite Center 640-642 West 232nd Street Bronx, NY 10463, Phone: 718-884-2992 Brooklyn: Services for the Underserved - Crisis Respite Center 2118 Union Street Brooklyn, NY 11212, Phone: 347-505-0870 Queens: Transitional Services For New York - Crisis Respite Center 80-45 Winchster Blvd. Queens Village, NY 11427, Phone: 718-464-0375 NYC DOHMH
Apartment	• Shared apartments in community for individuals with SMI or SUD who have moderate to high ADL skills. Staff visits as necessary to provide rehabilitative services designed to improve functioning and

Treatment (Scattered-site and congregate)

• Shared apartments in community for individuals with SMI or SUD who have moderate to high ADL skills. Staff visits as necessary to provide rehabilitative services designed to improve functioning and develop greater independence within 18-24 months

- Typically 18+, Level II, must have Medicaid and/or SSI, SSD or be on public assistance.
- NYC HRA 2010e; NYS OMH; Operated by non-profit agencies

Transitional Programs

Congregate Treatment (congregate
Communit

- A single site residence that provides group living for adults, three meals a day, 24 hours per day supervision/ staff, and rehabilitative activities.
- Typically 18+, Level II, Some providers require NY/NY eligibility
- OMH, OASAS

Community Residences/Single Room Occupancy (CR SRO) (congregate)

- Chronically homeless, SPMI or SUD single adults with moderate ADL skills. Preference for those discharged from long-term psychiatric hospitalization. Some require NY/NY eligibility
- Usually 2-5 years before they transition to more independent living. Level II
- Some providers require a period of sobriety prior to admission and some insight into MH
- OMH

Adult Care Facilities

- Adult Homes (AH): Established and operated for the purpose of providing long-term residential care, room, board, housekeeping, personal care, and supervision to five or more adults unrelated to the operator.
- Residences for Adults (RFA): Established and operated for the purpose of providing long-term residential care, room, board, housekeeping, case management, activities and supervision to five or more adults, unrelated to the operator, who are unable or substantially unable to live independently.
- For adult care, must apply to the individual, privately-owned facility

Supportive Housing

	Supported /Single Room Occupancy (congregate)	 Permanent housing in SRO buildings. Chronically homeless single adults diagnosed with SPMI or diagnosed as mentally ill and may also have a substance use disorder. Some providers require a certain period of sobriety prior to admission and some insight into MH NYC – DOHMH, DHS, HASA; OMH HRA 2010e applications required for special needs tenants only
	Supported (scattered- site)	 Permanent, independent level of housing, single or shared apartments. Clients pay 30% of their income towards rent and utilities and hold own lease or provider's sublease Must be able to live relatively independently and be psychiatrically stable OMH
	Shelter + Care → Continuum of Care (CoC) Program	 Provides rental assistance with supportive services for homeless and disabled persons and their families. For homeless persons with disabilities, (SMI, SUD, AIDS or related diseases) and their families who are living in places not intended for human habitation NYC – HPD

Supportive Housing

NY/NY I, II	 Affordable housing tied with supportive services for SPMI, street or shelter homeless NYC – HRA 2010e
NY/NY III (scattered-site or congregate)	 Affordable housing tied with supportive services Population A: Chronically homeless single adults who suffer from a serious mental illness or who are diagnosed as mentally ill and chemically addicted (MICA). Population B: Single adults who are presently living in NYS-operated psychiatric centers or State-operated transitional residences and who could live independently in the community if provided with supportive housing and who would be at risk of street or sheltered homelessness if discharged without supportive housing. Includes single adults designated as "nursing home remedy members" who were living in a NYS-operated psychiatric center or State-operated transitional residence immediately prior to their current nursing home placement and are at risk of homelessness if discharged without supportive housing. Population C: Young adults with SMI or Severe Emotional Disturbance who are at risk of homelessness Population D: Chronically homeless families, or families at serious risk of becoming chronically homeless, in which the head of the household suffers from a serious mental illness or a MICA disorder. NYC – HRA 2010e

Supportive Housing

NYC 15/15 (scattered-site or congregate)

- Commitment by Mayor of 15,000 units of supportive housing over 15 years
- Services funding for chronically homeless single adults (**Population 1**) or families with children (**Population 2**) with a head of household with SMI and/or substance abuse disorder
- NYC HRA

Empire State Supportive Housing Initiative (ESSHI)

- Commitment by Governor of 20,000 units of supportive housing over 15 years
- Category for those with serious mental illness (SMI)
- Doesn't have same chronic homeless requirement as traditional supportive housing
- 25% of units must be set aside for those who are also high utilizers of Medicaid
- Currently is not accessed through CAPS but is moving in that direction

Medicaid Redesign Team (MRT)

- OMH Rental Subsidies for single adults with SMI and/or substance abuse problem who are high cost Medicaid recipients.
- Housing rental subsidies and case management for up to 350 units statewide and 350 units in Brooklyn
- OMH Adult Housing
- NYC HRA 2010e

NYC Coordinated Assessment and Placement System (CAPS)

- CAPS is NYC's initiative to meet the HUD requirement of Coordinated Entry to ensure we are serving the most vulnerable clients and placing them into permanent housing
- Beginning with PSH but intent is to expand to other types of housing
- HRA leading CAPS development in PACTWeb
- Coordinated Assessment Survey is the entry point to CAPS
 - Universal assessment tool to determine potential eligibility for housing and/or rental subsidies
 - Required before beginning 2010e
- Standardized Vulnerability Assessment (SVA) prioritizes people as High, Medium or Low based on Medicaid utilization, systems contacts, and functional impairments

Resources

- Supportive Housing Network of New York Looking for Housing
- OMH Guidelines to be considered adult with SPMI
- CUCS Housing Resource Center
 - Supportive Housing Options for People with Mental Illness
 - NYC Housing Vacancy Update

As	of	M	lay	20	,	201	ľ
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	Vacancy Information for Manhattan					ma	tion for Manhattan
Adult Home-Level II	Eligibility F M U W						Intake Contact/Comments
WSFSH - 74th Street Home	NY/NY	1	1		0	Α	Contact Ira Stulbuam at (212) 595-8983. For Adults 62+
WSFSH - Fleming House	NY/NY	2	0	Ī	0	Α	Contact Sarah Guarda at (212) 242-5277. For adults 50+. NY/NY 1 & 2 only.
Apartment Treatment-Level II	Eligibility	F	N	ıΙ	U	w	Intake Contact/Comments
ACMH - Garden House	NY/NY	0	0		0	Α	Contact Shareen Loubeau at (212) 274-8558, ext. 215. Clients must be NYNY I,II eligible.
BRC - Metropolitan Apt. Prog.	MH	0	0		0	Α	Contact Jenny Martinez at (646) 300-7773. Waitlist
Community Access - Manhattan Apt. Tx.	NY/NY	0	0	ı	0	А	Contact Dikxy Ocasio at (212) 780-1400, ext. 7708. Shared, level II, transitional apartments. Service Coordinator visit twice a week. Mail all referrals to 17 Battery Place Suite 1326 NY, NY 10004, Attn: Intake. Long waiting list.
Community Access - Manhattan Apt. Tx.	МН	8	4	ı	0	Α	Contact Dikxy Ocasio at (212) 780-1400, ext. 7708. Long waitlist. Shared, level II, transitional apartments. Service Coordinator visit twice a week. Mail all referrals to 17 Battery Place Suite 1326 NY, NY 10004. Substantial long waiting list.
Fountain House - Apt. Tx Prog.	MH	*	*		*		Contact Beth Stubenbord at (212) 582-0340, ext. 265. Must be a Fountain House member.
JBFCS - Manhattan Apt. Tx Prog.	MH	0	0	ı	0	Α	Contact Chris Baden at (212) 283-4858, ext. 52121. The consumer must have SSI and be willing to share an apartment.
JBFCS - Tanya Towers	MH	0	0		0	Α	Contact Chris Baden at (212) 283-4858, ext. 52121.
Postgraduate Center - 98th St.	NY/NY	0	0		0	Α	Contact Leeann Grant at (212) 576-4180. Email all packets to intake@pgcmh.org
The Bridge - 13 West	MH	0	0	١	0	Α	Contact Intake Department at (212) 663-3000, ext. 2042. Please mail applications. Medicaid required. Long wait list.
The Bridge - East 111th St. Apartment Treatment	МН	0	0	١	0	Α	Contact Intake Department at (212) 663-3000, ext. 2042. Please mail applications. Medicaid required. Long wait list.
The Bridge - East Houston House	NY/NY	0	0	١	0	Α	Contact Intake Department at (212) 663-3000, ext. 2042. Please mail applications. HUD program. History of homelessness. Medicaid required.
The Bridge - Scattered Site	MH	0	0	١	0	Α	Contact Intake Department at (212) 663-3000, ext. 2042. Please mail applications. Shared apts. Must be able to independently manage medications. Medicaid required. Long wait list.
Weston United - Weston House	MH	0	0		0	Α	Contact Intake Department at (212) 663-3000, ext. 2042. Mail Housing Packets to Weston United/The Bridge Attn: Intake Department 290 Lenox Ave, NYC 10026 212-663-3000
Congregate Support (CR/SRO)-Level II	Eligibility	F	N	иl	U	w	Intake Contact/Comments
ACMH - Convent CR	МН	0	0		0	Α	Contact Shareen Loubeau at (212) 274-8558, ext. 215. Referrals must come from OMH priority populations Only accept those with OMH priority (State PC, CNYPC, Acute Inpatient, AOT, RTF, OMH Licensed Cr-SRO, Nursing or Adult Home).
ACMH - Independence House	NY/NY	0	0		0	Α	Contact Shareen Loubeau at (212) 274-8558, ext. 215. Must be NYNY I, II eligible.
Comunilife - 530 West 173rd Street Residence	MH	0	0		0	Α	Contact Charles and Landy Charles and Landy Charles and Charles an
Comunilife - W. 173rd St. Residence	MH	0	0		0	Α	Contact Shamecca Paul at (212) 543-3001, ext. 3211. Mailed applications from Manhattan

Eviction Prevention: Homebase

- Not a housing program, but a resource center. Meant for families on the brink of homelessness.
- Homebase will help develop a personalized action plan to overcome an immediate housing crisis and achieve stability.
- Eligibility includes:
 - Imminent risk of entering the NYC shelter system
 - Low-income
 - Wanting to remain stably housed in the community

Call 311 to make a referral

Homebase Provider	Borough	Address	Telephone
CAMBA	BK	1958 Fulton Street, 2nd Floor	718-408-5756 x37100
		1117 Eastern Parkway, 3rd Floor, side entrance	718-622-7323
		2244 Church Avenue, 4th Floor	718-408-5766
Catholic Charities	BK	3060 Fulton Street	929-234-3036
Neighborhood Services		560 Livonia Avenue	718-408-7181
RiseBoro	BK	145 East 98 Street, 2nd Floor	917-819-3200
		Broadway - TBA	917-819-3200
		90 Beaver Street	718-366-4300
		1475 Myrtle Avenue	347-295-3738
BronxWorks	BX	630 Jackson Avenue, 2nd Floor	718-993-2032
		1130 Grand Concourse, 3rd Floor	718-508-3100
Catholic Charities	BX	2155 Blackrock Avenue	718-414-1050
Community Services		890 Garrison Avenue	929-259-9430
		2901 White Plains Road, 2nd Floor	347-913-4694
		4377 Bronx Boulevard, 3rd Floor	347-947-3920
HELP USA	BX	1780 Grand Concourse	347-226-4540
	CSHAC	1860 East Tremont Avenue	718-299-8473
		1981 Sedgwick Avenue	718-215-6453
		815 Burke Avenue	646-905-5289
SUS- Urgent Housing	MN	516 West 181st St, 4th Floor	917-492-1019
Programs, Inc		2322 3rd Avenue, 3rd Floor	917-492-1019
Catholic Charities	QNS	161-10 Jamaica Avenue, 5th floor	718-674-1000
Neighborhood Services		1847 Mott Avenue	718-647-1015
CAMBA	SI	120 Stuyvesant Place, 4th floor, Suite 413	718-282-6473
		209 Bay Street	718-226-0496

NEW YORK PRESBYTERIAN

Mental Health Housing Workshop

Presented by ACMH

Katherine Durkin, Kearyann Austin & Yveline Merisier

Current Landscape

- 78,676 Homeless in NYC
- 5% (3,933) are unsheltered
- 1/3 (25,963) of total homeless population diagnosed with serious mental illness
- 32,000 supportive housing units in NYC currently
- Goal by 2030 to add 15,000 supportive housing units starting 2015

Sources

- Treatment Advocacy Center
- U.S. Department of Housing & Urban Development (HUD)
- AM Network

Challenges of Housing Mentally III Patients

Lack of Appropriate Vacancies

Eligibility

Support needed

Challenges of Housing Mentally III Patients

- Patient's abilities & preferences
 - ADLs
 - Patient's history
 - Location
 - Shared vs Single

Challenges of Housing Mentally III Patients

- Patient's expectations
- Return to previous housing
- Rent
- Building/Residence Amenities
- Program Rules

Assessing for Housing Needs

Is your patient discharge ready?

Ability to Function in Community

What supports will the patient need?

ACMH Housing & Program Services

- ACMH offers Mental Health housing and support services
 - Transitional Community Residence
 - Treatment Apartment Programs
 - Supported Permanent Apartments
 - Care Management Services
 - Short-Term Crisis Respite
 - Home and Community Based Services (HCBS)

ACMH Supportive Housing

- Transitional Community Residence serve individuals formerly homeless or leaving hospital settings, State Psychiatric Centers or incarceration. They provide on-site case management support with services such as medication management, community integration, symptom management and meals.
 - Congregate Treatment in Hamilton Heights
 - Community Residential SRO in Washington Heights, Harlem and Queens

ACMH Supportive Housing

- **Treatment Apartments** are licensed by OMH and their function is to provide rehabilitative mental health services in leased apartments in Manhattan, Queens and the Bronx. These individuals are seen several times a week to ensure safety and well-being.
- Supported Permanent Apartments provide permanent housing with support from Case Managers in apartments that are leased in Manhattan, Queens and the Bronx. These individuals are seen monthly and as needed as they are more independent and are more stable to have jobs and be more independent in the community.

ACMH Community Program Services

- Care Management Services serves to help clients manage chronic mental health, substance use, and have
 medical conditions. The program provides outreach, and coordination of services to ensure their clients are
 utilizing resources appropriately. Care managers are able to assist with housing, making sure clients attend
 appointments, and navigate the community appropriately.
- Short-Term Crisis Respite provides program participants (guests) with supportive peer counseling. Guests can use respite services to prevent ER visits a temporary get away for people with a psychiatric diagnosis who are experiencing a crisis, and who are not a danger to themselves or others. Respite service is designed to avoid ER visits. Staffed by trained peer counselors with lived experience of the mental health system, Crisis Respite offers coping strategies and support in a home-like environment. Following hospitalization, Crisis Respite can serve as a step-down between hospital and home.
- **Home and Community Based Services** offers Psychosocial Rehabilitation, Family Support and Training Services, Habilitation /Residential Support Services, Peer Empowerment Services, and Short-Term Crisis Respite. Staff offers supportive services in a community setting where ever the client is comfortable.

Supportive Housing Services

- Patients & staff work together to create individualized support plans to address needs & goals
- Services:
 - Self-Advocacy
 - Symptom Management
 - Medication Management
 - Health Services

- Daily Living Skills
- Socialization
- Community Integration
- Substance Abuse

Patient Engagement

- Client-centered approach
- Goal-oriented
- Patients receive support from:
 - Case Manager
 - Program Specialist
 - Peer Program Specialist
- Transitional Programs vs. Permanent Programs
 - Frequency of meetings
 - Patient functioning

Transitional Housing Programs

- Patients in transitional housing programs:
 - Obtain permanent housing in two years
- Mental Health Housing Resources
 - HRA 2010E w/ supporting documents
 - CUCS Vacancy Update
 - CUCS SPOA
- Housing Availability
 - Limited availability of studios & single units

Supportive Housing Resource

- Center for Urban Community Services (CUCS)
 - www.cucs.org
- Supportive Housing Network of NY (SHNNY)
 - www.shnny.org
- New York City Department of Homeless Services

THANK YOU

Supportive Housing & HCBS

Shareen Loubeau & Katherine Durkin 212-274-8558 Ext. 215 or 233

Short-Term Crisis Respite and Transitional Step-Down Housing

Kearyann Austin 212-253-6377 ext. 406

Care Management Services

Kelcey O'Donnell & Martha Bak (Manhattan/Bronx) 212-543-0592 Ext. 303/308

Antonio Frias (Queens): 212-543-0592 Ext. 312

Thank you!



(and Evaluations)