

The Ashikari Breast Center

*at New York-Presbyterian/
Hudson Valley Hospital*



Offering Advanced, Compassionate Breast Cancer Care

┌ **New York-Presbyterian**
└ **Hudson Valley Hospital**

Our Surgical Team



The Ashikari Breast Center was founded by Roy H. Ashikari, MD, preeminent surgical oncologist and former Chief of Breast Services at Memorial Sloan Kettering Cancer Center, with his son, Andrew Ashikari, MD.

Dr. Pond Kelemen, Dr. Melita Charles, and Dr. Andrew Ashikari

Andrew Ashikari, MD, FACS Dr. Andrew Ashikari received his medical degree from the University of Pittsburgh, followed by general surgery training at Montefiore Medical Center/Albert Einstein School of Medicine, and a surgical oncology fellowship at the University of Chicago Hospitals. Dr. Ashikari specializes in breast cancer, gastrointestinal tumors, melanoma, and sarcoma. With particular expertise in caring for women at high risk for breast cancer, he is one of the country's leading authorities on nipple-sparing, risk-reducing mastectomies with immediate implant reconstruction. Dr. Ashikari has published on tumor immunology and has been a principal investigator for the National Surgical Adjuvant Breast and Bowel Project. He is an Assistant Professor of Surgery at New York Medical College.

Melita Charles, MD Dr. Melita Charles earned her medical degree from Mount Sinai School of Medicine in New York, graduating with distinction in research. She completed a general surgical residency at Long Island Jewish Hospital, followed by a surgical oncology fellowship at the prestigious Roswell Park Cancer Institute, where she was a National Institutes of Health research fellow in the Department of Cancer Genetics. Prior to joining the Ashikari Breast Center, Dr. Charles served as Director of Breast Surgery and was a member of the faculty of Long Island College Hospital. During her career, she has published and presented research on cell, molecular, and genetic alterations in breast, thyroid, and prostate cancers.

Pond Kelemen, MD, FACS Dr. Pond Kelemen completed his surgical pathology residency at the University of Illinois at Chicago, general surgery training at the University of Chicago Hospitals, and a surgical oncology fellowship at the John Wayne Cancer Institute in Santa Monica, California. A principal investigator for the American College of Surgeons Oncology Group, Dr. Kelemen is well published in the field of sentinel lymph node biopsy and the use of PET scan imaging and intraoperative radiotherapy in surgical oncology. His clinical interests include endocrine surgery, breast cancer, gastrointestinal surgery, and sarcomas. Dr. Kelemen is an Associate Professor of Surgery at New York Medical College.

Welcome

“At the Ashikari Breast Center we never stop challenging ourselves to find new and better ways to offer the best surgical and treatment options, and the most holistic approach to healing the whole person, not just the disease.”

– Dr. Andrew Ashikari

Welcome to the Ashikari Breast Center at NewYork-Presbyterian/Hudson Valley Hospital. Our team of experienced and highly trained cancer surgeons provides patients with advanced approaches to diagnosis and treatment in a caring and compassionate manner.

Surgeons with the Ashikari Breast Center have provided patients throughout the area with high quality breast cancer solutions, and have earned a well-deserved reputation nationwide for their expertise and the successful outcomes they achieve. The Center is accredited by the National Accreditation Program for Breast Centers (NAPBC), a program administered by the American College of Surgeons that requires centers to undergo a rigorous evaluation process and performance review. This program recognizes the finest and highest quality providers in the nation.



The Ashikari Breast Center offers access to foremost specialists in the field who closely collaborate to offer patients a comprehensive and individualized plan of care. Bringing together experts in diagnostic radiology, pathology, medical and surgical oncology, anesthesiology, and plastic surgery simplifies a complicated process and helps ensure that individuals receive the optimal treatment tailored to their unique situation. Patients are further supported by physician assistants and nurse navigators, who help coordinate all levels of care.

To learn more about the Ashikari Breast Center or to schedule an appointment, call 914.734.3490 or visit nyp.org/hudsonvalley.



Comprehensive Cancer Care

Patients in the Ashikari Breast Center at NewYork-Presbyterian/Hudson Valley Hospital are supported by the full array of diagnostic and treatment programs provided through the Hospital's Cheryl R. Lindenbaum Comprehensive Cancer Center. Offering an unparalleled total cancer care program focused on individual patient needs, the Cancer Center is a beautiful, state-of-the-art facility that brings together critical services in one place to maximize the quality of care and the quality of life for each patient and family. In addition, the Hospital's affiliation with NewYork-Presbyterian provides patients with access to an extraordinary level of expertise and resources, as well as to the highly skilled and dedicated physicians from ColumbiaDoctors, the faculty practice of Columbia University Medical Center, who have joined our esteemed cancer team. As part of our interdisciplinary approach to cancer care, comprehensive evaluations, treatments, and support for early and active signs of lymphedema are available through the Hospital's Centers for Rehabilitation. Certified therapists provide oncology rehabilitation, including an extensive program for breast cancer and lymphedema rehabilitation.

Innovative Surgeries

The Ashikari Breast Center's team of surgical oncologists specialize in minimally invasive techniques designed to provide the best surgical treatment options, complemented by a holistic approach to healing and recovery. This includes the innovative one-step, nipple-sparing mastectomy with immediate reconstruction for patients with breast cancer and as a prophylactic measure for those at high risk. This life-changing procedure offers patients a powerful risk reduction surgery, while achieving excellent cosmetic results. It has made a world of difference for the many women who desire reconstruction but are hesitant about the risk and time investment of multiple surgeries.

Advanced Technology and Treatment

Patients in the Ashikari Breast Center at NewYork-Presbyterian/Hudson Valley Hospital benefit from the full range of services provided by the Hospital, including the most advanced diagnostic and treatment approaches.



Breast imaging services include the latest tools for early detection, including 3-D mammography, also known as digital tomosynthesis. With digital tomosynthesis, women undergo the same physical screening as with a digital mammogram, but additional images are provided from different angles. This approach can reveal small masses that might otherwise have been hidden by overlapping tissue.

Among the advanced treatments offered is intraoperative radiotherapy, or IORT, which is available for patients with certain breast cancers. With IORT, individualized, internal radiation is delivered in the operating room immediately after a cancerous tumor is removed. This approach helps to reduce the chance of a local recurrence, shorten the duration of conventional postoperative external radiation, and lessen the risk to healthy tissue associated with external radiation.

An Infusion Center provides a warm and comforting environment where patients can undergo chemotherapy, blood transfusions, intravenous antibiotics, and other infusions under the care of highly experienced and specialty trained nursing staff. With natural light, private television, and access to the Internet, the environment supports comfort and complete privacy, but also a feeling of community.



Support Services

Providing support for patients who have been diagnosed with breast cancer is a key component of care provided by the Ashikari Breast Center at NewYork-Presbyterian/Hudson Valley Hospital. Through partnerships with a number of community resources the Hospital offers ongoing support groups and programs that help patients with cancer and their families cope with the emotional challenges they often face. These include:

Support Connection Provides emotional, social, and educational support services to women, their families, and friends affected by breast and ovarian cancer

Gilda's Club Westchester Provides welcoming communities of free support for everyone living with cancer, along with their families and friends. Programs include individual counseling, support groups, workshops, education, and social activities.

Look Good...Feel Better® Free program offering professional wig fittings and makeup applications for women undergoing chemotherapy and radiation

Why Choose the Ashikari Breast Center at NewYork-Presbyterian/Hudson Valley Hospital

- one of the leading Breast Centers in the nation performing prophylactic mastectomy on BRCA+ patients
- the only experienced and fully surgically trained oncology group in the Hudson Valley
- rapid turnaround time from initial exam to surgical treatment
- extensive use of minimally invasive biopsy procedures helping to prevent lymphedema
- immediate reconstructive surgery following mastectomy to avoid another surgery
- national pioneers of the nipple-sparing with one-stage immediate reconstruction to prevent breast cancer in patients with a high genetic risk
- first practice in the world to use acellular dermal matrix material – a lattice-like tissue support for the breast – which is now a standard of care in almost all breast implant reconstruction
- routine screening provided for patients at high risk for developing breast cancer
- diagnosis and management of benign breast disorders

For additional information or to schedule an appointment with
the Ashikari Breast Center, call 914.734.3490