

Vestibular Rehabilitation

To schedule appointments for balance, dizziness, vertigo or fall prevention at:

- Fresh Meadows, please call 855-37REHAB (73422)



According to National Institutes of Health statistics, dizziness (sensation of lightheadedness, faintness or unsteadiness) is the number one complaint of patients over age 70 and is the third most commonly reported complaint to doctors.

Our certified vestibular therapists focus on treating the common cause of dizziness and balance problems which is typically from the vestibular system or the inner ear. The vestibular system includes the parts of the inner ear and brain that process sensory information involved with controlling balance and eye movements.

Signs and Symptoms

- Balance and unsteadiness
- Difficulty concentrating and reading
- Dizziness and/or nausea
- Motion sensitivity
- Visual disturbances

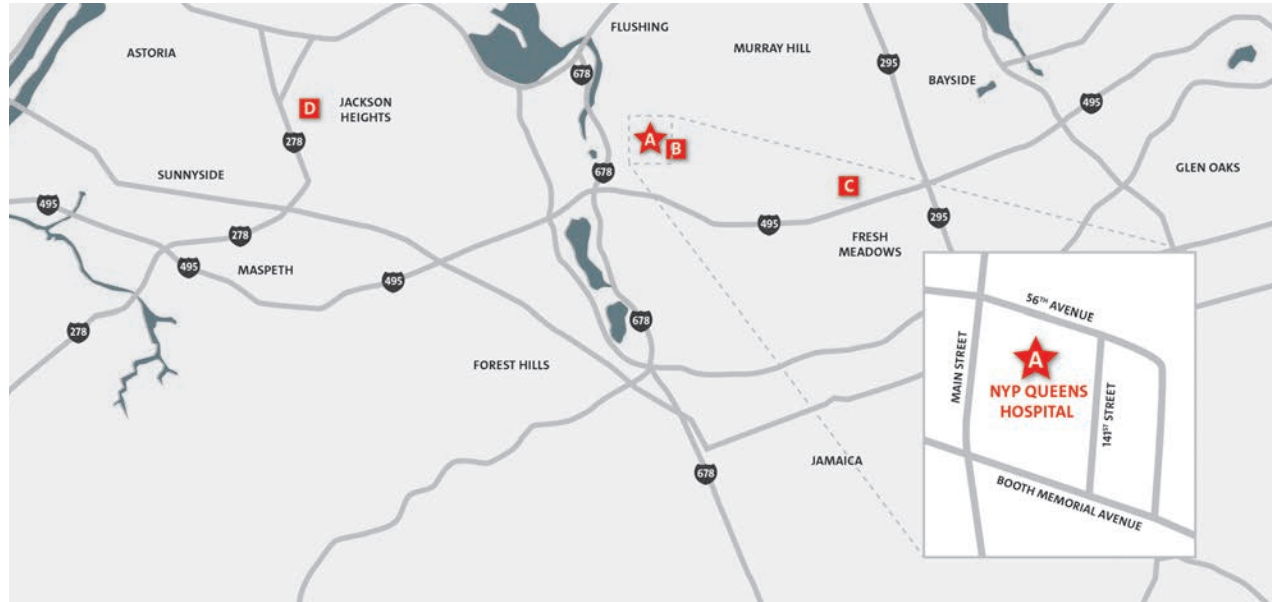
Common Conditions Treated

- Benign Paroxysmal Positional Vertigo (BPPV)
- Cervicogenic dizziness
- Concussions
- Guillain-Barré Syndrome
- Parkinson's disease
- Post-surgical for acoustic neuroma
- Stroke
- Vertigo of unknown etiology
- Vestibular neuritis, labyrinthitis

Vestibular Rehabilitation Treatments

- Computerized sensorimotor integration
- Gait and balance training
- Motion tolerance exercises
- NeuroCom assessment and treatment
- Oculomotor (visual) exercises
- Repositioning for BPPV

NewYork-Presbyterian Queens Rehabilitation Locations



A **NewYork-Presbyterian Queens Main Campus**
56-45 Main Street, Flushing, NY 11355

B **NewYork-Presbyterian Queens**
56-45 Main Street, 4 North, Flushing, NY
Please call 1-855-37REHAB (73422) to
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Speech Language Pathology
and Swallowing
- Hand Rehabilitation
- Sports Medicine Rehabilitation
- Adult Swallowing
- Pediatric Feeding and Swallowing
- Adult Speech and Language
- Fall Prevention

C **NewYork-Presbyterian Queens**
163-03 Horace Harding Expressway,
2nd Floor, Fresh Meadows, NY 11365
Please call 1-855-37REHAB (73422) to
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Hand Rehabilitation
- Lymphedema Rehabilitation
- Neurological Rehabilitation
- Sports Medicine Rehabilitation
- Vestibular Rehabilitation
- Fall Prevention

D **NewYork-Presbyterian Medical Group Queens**
72-06 Northern Boulevard, 2nd Floor,
Jackson Heights, NY 11372
Please call 1-844-REHAB01 (734-2201) to
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Hand Rehabilitation
- Sports Medicine Rehabilitation
- Fall Prevention