

Occupational Therapy

To schedule appointments for shoulder, elbow, forearm, wrist, hand or finger therapy at:

- Fresh Meadows or Flushing (Main Campus), please call 1-855-37REHAB (73422)
- Jackson Heights please call 1-844-REHAB01 (734-2201)



Occupational therapists are licensed clinicians who utilize therapeutic approaches to help patients of all ages improve their ability to independently participate in activities at home, work, or leisure.

Through hands-on treatment, an appropriate exercise regimen, modalities (such as electrical stimulation, hot pack, cold pack, ultrasound, paraffin or fluidotherapy) and a home program, the patient will regain strength, movement and overall function.

Common Conditions Treated

- Arthritis
- Burns
- Complex regional pain syndrome
- Dislocations
- Fractures
- Ligament injuries
- Lymphedema
- Joint replacements
- Nerve and sensory injuries
- Sprains/strains/trauma
- Stroke
- Tendon injuries
- Tendonitis and overuse injuries
- Upper body injuries and pain

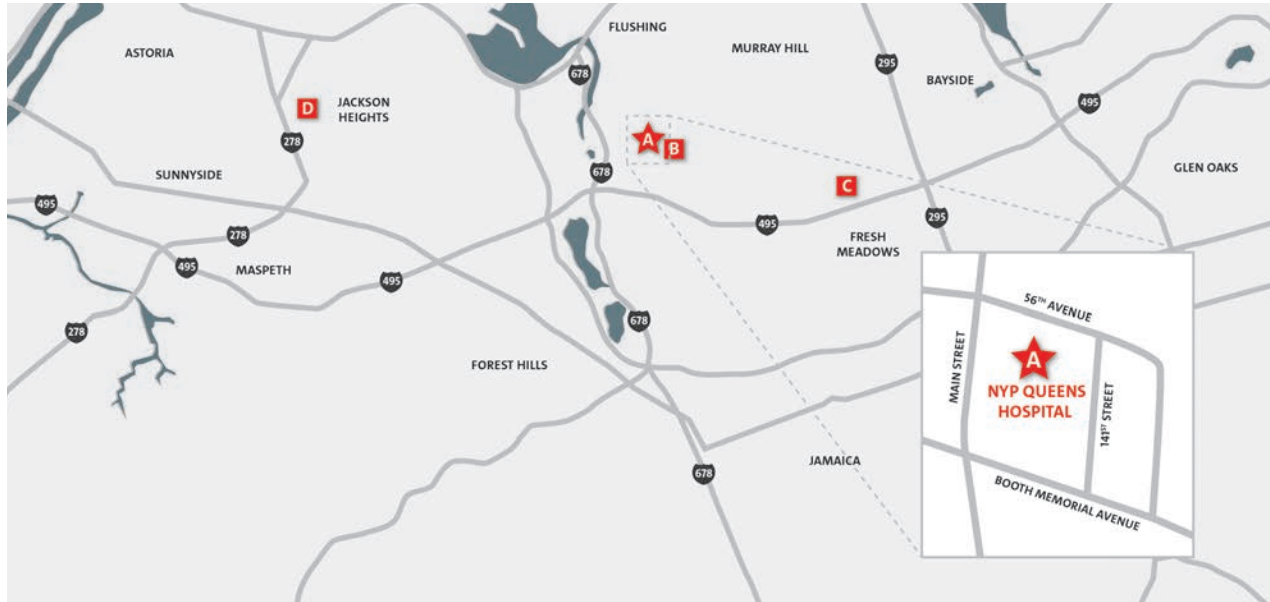
Occupational Therapy Treatments

- Adaptive equipment assessments
- Coordination retraining
- Daily living activities retraining
- Edema management
- Energy conservation techniques
- Ergonomic or injury prevention training
- Fine motor activities
- Functional training
- Manual therapy
- Orthosis fabrication
- Post-surgical care
- Sensory education
- Therapeutic exercises



NewYork-Presbyterian Queens
Knee and Hip Joint Replacement Program
has earned The Joint Commission's
Gold Seal of Approval®

NewYork-Presbyterian Queens Rehabilitation Locations



A **NewYork-Presbyterian Queens Main Campus**
56-45 Main Street, Flushing, NY 11355

B **NewYork-Presbyterian Queens**
56-45 Main Street, 4 North, Flushing, NY
Please call 1-855-37REHAB (73422) to
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Speech Language Pathology
and Swallowing
- Hand Rehabilitation
- Sports Medicine Rehabilitation
- Adult Swallowing
- Pediatric Feeding and Swallowing
- Adult Speech and Language
- Fall Prevention

C **NewYork-Presbyterian Queens**
163-03 Horace Harding Expressway,
2nd Floor, Fresh Meadows, NY 11365
Please call 1-855-37REHAB (73422) to
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Hand Rehabilitation
- Lymphedema Rehabilitation
- Neurological Rehabilitation
- Sports Medicine Rehabilitation
- Vestibular Rehabilitation
- Fall Prevention

D **NewYork-Presbyterian Medical Group Queens**
72-06 Northern Boulevard, 2nd Floor,
Jackson Heights, NY 11372
Please call 1-844-REHAB01 (734-2201) to
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Hand Rehabilitation
- Sports Medicine Rehabilitation
- Fall Prevention