

Hand Rehabilitation

To schedule appointments for rehabilitation to the hand, elbow, wrist or shoulder at:

- Fresh Meadows or Flushing (Main Campus), please call 1-855-37REHAB (73422)
- Jackson Heights, please call 1-844-REHAB01 (734-2201)



An injury to the upper extremity (hand, elbow, wrist and shoulder) can occur from a wide variety of causes including a fall, trauma or over-use.

At NewYork-Presbyterian Queens, we offer outpatient hand rehabilitation for patients of all ages. Our skilled certified hand therapists and occupational therapists focus on specialized treatment for diagnoses ranging from traumatic hand injuries and repetitive stress injuries, to more chronic hand conditions.

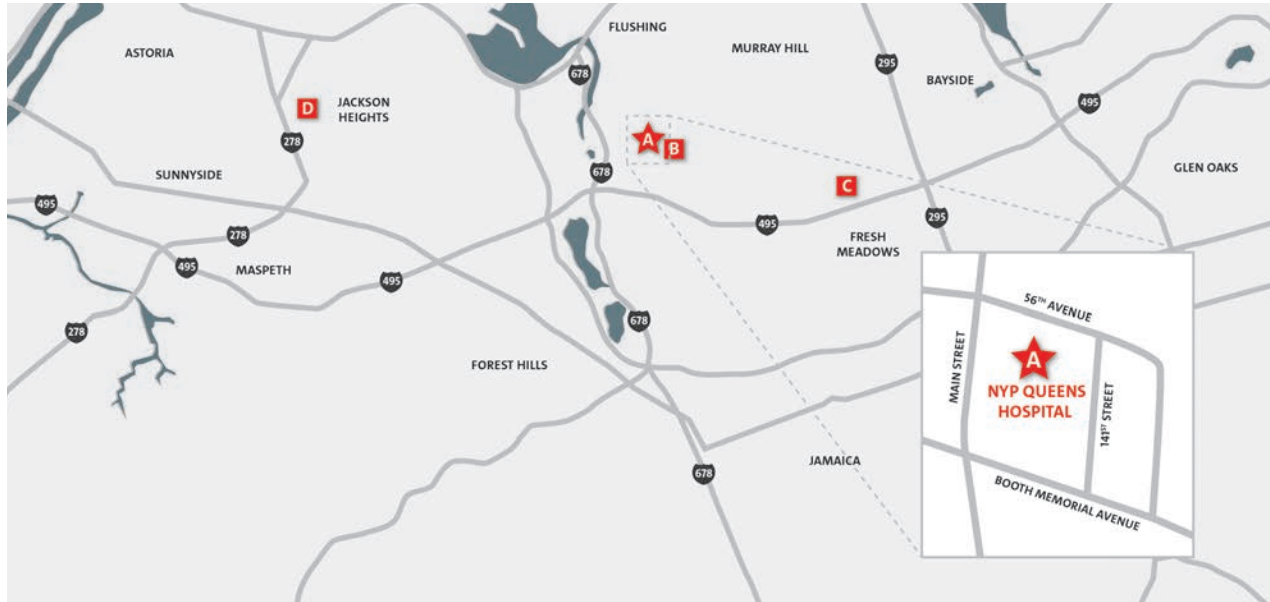
Common Conditions Treated

- Brachial plexus injuries
- Burns
- Carpal tunnel syndrome
- Dislocations and fractures
- Ligament and tendon injuries
- Joint replacements
- Nerve injuries
- Sensation impairments
- Sprains/strains
- Stroke
- Trauma of bones or joints

Hand Rehabilitation Treatments

- Adaptive equipment assessments
- Daily living activities retraining
- Edema management
- Ergonomic or injury prevention
- Fine motor and dexterity activities
- Orthosis fabrication/casting
- Manual therapy
- Modalities
- Scar management
- Sensory education
- Therapeutic exercise
- Work hardening
- Wound care

NewYork-Presbyterian Queens Rehabilitation Locations



A **NewYork-Presbyterian Queens Main Campus**
56-45 Main Street, Flushing, NY 11355

B **NewYork-Presbyterian Queens**
56-45 Main Street, 4 North, Flushing, NY
Please call 1-855-37REHAB (73422) to
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Speech Language Pathology
and Swallowing
- Hand Rehabilitation
- Sports Medicine Rehabilitation
- Adult Swallowing
- Pediatric Feeding and Swallowing
- Adult Speech and Language
- Fall Prevention

C **NewYork-Presbyterian Queens**
163-03 Horace Harding Expressway,
2nd Floor, Fresh Meadows, NY 11365
Please call 1-855-37REHAB (73422) to
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Hand Rehabilitation
- Lymphedema Rehabilitation
- Neurological Rehabilitation
- Sports Medicine Rehabilitation
- Vestibular Rehabilitation
- Fall Prevention

D **NewYork-Presbyterian Medical Group Queens**
72-06 Northern Boulevard, 2nd Floor,
Jackson Heights, NY 11372
Please call 1-844-REHAB01 (734-2201) to
schedule an appointment for:

- Occupational Therapy
- Physical Therapy
- Hand Rehabilitation
- Sports Medicine Rehabilitation
- Fall Prevention