

<b>Document Title:</b>	Home Blood Pressure Monitoring Project 3.b.i
<b>Approving Committee:</b>	Informational only
<b>Approval Date:</b>	NA
<b>Document Objective/Summary:</b>	This document serves to outline home blood pressure monitoring and warm hand-off the a home care agency as appropriate, and free blood pressure screenings

In order to be able to monitor a patient’s progress in attaining blood pressure goals, proper blood pressure monitoring must be maintained by the patient

<b>Home Monitoring of Blood Pressure</b>
<ol style="list-style-type: none"> <li>1) The patient will be assessed for readiness to learn blood pressure monitoring to perform at home</li> <li>2) Goal-setting for BP range will be established with the patient</li> <li>3) Ensure that the patient has required equipment at home</li> <li>4) Instruct on maintaining a BP readings log and when to call the provider</li> <li>5) If appropriate, the patient will be taught on monitoring his/her BP at home</li> <li>6) If the patients requires further e-enforcement a warm hand-off will be made for a home care agency to provide further follow-up at home</li> <li>7) The patient will be educated that he/she is able to return to the office for free BP checks</li> </ol>