

## **2017 Year 1 Update Summary**

Since the 2016 Community Health Needs Assessment, NewYork-Presbyterian Brooklyn Methodist Hospital (NYPBMH) has undertaken several key initiatives to improve the health needs of the communities we serve. A list of initiatives can be found on our website at the following link: [nyp.org/documents/brooklyn/community-service-plan/csp-2016-2018.pdf](http://nyp.org/documents/brooklyn/community-service-plan/csp-2016-2018.pdf)

### ***Prevent Chronic Disease: focus on diabetes***

In terms of our progress to date with our focus on diabetes, we have successfully hosted two Diabetes Self-Management Education (DSME) workshops, with our partners at IPRO's Everyone with Diabetes Counts initiative. To date, 46 people have completed the (DSME) class sessions and the majority reported more confidence in managing their diabetes. We encountered some challenges in offering a Spanish-language class; we didn't have enough interest, so we were unable to host the Spanish class. The hospital is also waiting to have their own staff trained in facilitating the classes but has not yet been given the opportunity to attend a training.

### ***Prevent Chronic Disease: focus on childhood obesity/promoting healthy women infants and children***

While we did receive a 5K Grant from Investors Bank Foundation, we've had a difficult time securing a location for the classes which targeted adults and children. We did have some discussions with Brooklyn Children's Museum and had intended to partner with their afterschool program, but the partnership never came to fruition. We had also considered Brooklyn Public Library in Prospect Heights as a location, but ideally, we wanted to host something in the Bedford-Stuyvesant neighborhood as that is an area of high-need and one which responded with interest in the classes. This priority area will be in review and may need to change in 2018.

### ***Promote a Healthy and Safe Environment; reducing fall risk among the most vulnerable populations***

We have been successful in conducting the SAFE (Survey of Adult Falls Evaluation) questionnaire in the Emergency Department. To date, we have collected 376 survey responses and sent out 100 Senior Home Safety kits. While we were able to train 4 staff members to conduct evidence-based classes in Fall Prevention. In 2017, the hospital experienced some difficulties with our collaborating partner, in that we were not able to use their data tracking software and therefore could not implement any classes in 2017. The hospital has now decided to collect the data manually. The classes are slated to begin later in 2018.

### ***Promote Healthy Women, Infants and Children: focus on increasing exclusive breastfeeding rates***

NYPBMH is now in the Dissemination Stage (Stage 3 of 4) of our Baby-Friendly USA Journey. Almost 100 Maternal Child Health staff members have completed the 15-hour (nursing) or 3-hour (MD) breastfeeding educational training. NYPBMH has increased exclusive breastfeeding rates by over 13% since 2013, however our rates hover between 37-40%. Our goal is to get our exclusive breastfeeding rates above 39.7% upon discharge. WIC representatives are ready to come educate in clinics and hospital, but our major referring WIC office is a Brooklyn Hospital affiliate, which poses an issue with credentialing in our hospital. There is a new opportunity to host an NYPBMH-run Breastfeeding Support Group at Brooklyn Children's Museum in Crown Heights, which we are exploring.

### **Next Steps**

NYPBMH will continue to support and monitor progress made on the Community Service Plan and its aim of addressing the community needs identified in the 2016 Comprehensive Needs Assessment. NYPBMH submitted these updates in a survey format to the DOH via Health Commerce System on December 28, 2017.