#### POLICY: 1.007 ASSESSMENT AND REASSESSMENT

Comprehensive assessments/reassessments must be gathered and completed with each patient enrolled in the HH program in order to identify immediate and long-term medical care, behavioral health (mental health and substance use), and social service needs. Assessments must be conducted at time of enrollment. Reassessments must be conducted annually and as needed.

#### What are Assessment and Reassessment?

Assessment is a comprehensive evaluation of patients' medical, behavioral health (mental health and substance use), and social service needs at time of enrollment. Social service needs include housing, nutrition, social support, financial/entitlement, legal, transportation, and home health aid/daily living.

Reassessment is a re-evaluation of patients' medical, behavioral health (mental health and substance use), and social service needs, while the patient remains actively enrolled in Health Home (HH) services.

# Why are Assessment and Reassessment important?

- Findings are used to develop and update patient-centered care plans detailing specific goals to help address the patient's health and social needs.
- They allow lead HH agencies and collaborating Care Management Agencies (CMAs) to evaluate a patient's progress and engagement with preventive care.
- They help determine how HH services might be improved to better help patients meet their health goals and increase their overall and health-related quality of life.
- They help confirm that patients continue to remain eligible to receive HH services.

# **PROCEDURE:**

# **Assessments**

- 1. A comprehensive assessment must be completed with each patient under HH Comprehensive in ACD. Components of this assessment include:
  - a. Contact information
  - b. Health status (All medical diagnoses including HIV/AIDS and all chronic illnesses)
  - c. Depression (PHQ-9 Form)
  - d. Medication management
  - e. Functional status
  - f. Behavioral health
  - g. Support network
  - h. Access and coordination
  - i. Socioeconomic status
  - j. Motivation and self-efficacy
  - k. Self-care
  - I. Disposition
- 2. The assessment must be started within 7 days and completed within 60 days of enrollment.



- 3. The assessment should be conducted face-to-face whenever possible and should not be strictly administered as a questionnaire; rather, the assessment should engage the patient in active conversation.
- 4. Confirm any information provided by the patient regarding their health status by utilizing medical records and case conferencing with medical providers.
- 5. Information obtained from the assessment must be used to develop an appropriate care plan that addresses patients' needs.

#### Reassessments

- 1. A reassessments must be completed with each patient annually while the patient remains actively enrolled in the HH program under HH Comprehensive in ACD.
- 2. Patients with a change in their medical and/or behavioral health condition or social needs status must be reassessed more frequently as needed.
- 3. Confirm patients' continued eligibility for HH services.
- 4. Information obtained from reassessments must be used to update patients' care plans or develop new care plans when additional needs are identified.

## Documentation

1. Complete patient assessments and reassessments under HH Comprehensive in ACD.

