Eating Disorders: Current Research Findings and Their Clinical Applications

Friday, May 7th, 2010
9:00 am–3:00 pm
NewYork-Presbyterian Hospital/
Westchester Division
Center Building Auditorium
21 Bloomingdale Road
White Plains, New York 10605

www.nyp.org/eatingdisorders
THE CENTER FOR EATING DISORDERS presents:
Eating Disorders: Current Research Findings and Their Clinical Applications

A Teaching Day for psychiatrists, pediatricians, general practitioners, nutritionists, psychologists, social workers, nurses, guidance counselors, mental health professionals, educators, family members, and the community at large.

Conference Program

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:00 am</td>
<td>REGISTRATION and CONTINENTAL BREAKFAST</td>
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<tr>
<td>9:30 am</td>
<td>WELCOME</td>
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<tr>
<td>9:45 am</td>
<td>New Directions in Eating Disorder Diagnoses: What to Expect from DSM-V</td>
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<td>- B. Timothy Walsh, MD</td>
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<tr>
<td>10:15 am</td>
<td>What Does Eating Have to Do with Eating Disorders?</td>
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<td>- Laurel Mayer, MD</td>
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<tr>
<td>10:45 am</td>
<td>BREAK</td>
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<tr>
<td>11:00 am</td>
<td>The Role of Medication in Treatment</td>
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<td>- Evelyn Attia, MD</td>
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<td>- Parinda Parikh, MD</td>
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<tr>
<td>11:30 am</td>
<td>Obesity Research—What We Know and What We Don’t</td>
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<td>- Michael Devlin, MD</td>
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<tr>
<td>12:00 pm</td>
<td>Lunch and a Tour of The Outlook at Westchester</td>
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<tr>
<td>1:15 pm</td>
<td>Cognitive Behavioral Treatment for Inpatients and Outpatients</td>
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<td>- Pamela Raizman, PhD</td>
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<td>- Deborah Glasofer, PhD</td>
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<tr>
<td>2:00 pm</td>
<td>Novel Treatments for Anorexia Nervosa</td>
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<td>- Joanna Steinglass, MD</td>
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<td>2:30 pm</td>
<td>Nutritional Principles for the Treatment of Eating Disorders</td>
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<td>- Rachel Berman, RD</td>
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<td>3:00 pm</td>
<td>CONFERENCE CONCLUDES</td>
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</table>
Faculty

Evelyn Attia, MD
Columbia University College of Physicians and Surgeons
Weill Cornell Medical College

Rachel Berman, RD, CD/N
Columbia University Medical Center-Eastside

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Columbia University College of Physicians and Surgeons

Laurel Mayer, MD
Columbia University College of Physicians and Surgeons

Parinda Parikh, MD
Weill Cornell Medical College

Pamela Raizman, PhD
Columbia University College of Physicians and Surgeons

Joanna Steinglass, MD
Columbia University College of Physicians and Surgeons

B. Timothy Walsh, MD
Columbia University College of Physicians and Surgeons

The program will also feature a tour of The Outlook, the newly renovated inpatient unit for treatment of eating disorders at NewYork-Presbyterian Hospital’s Westchester Division, part of an integrated joint program for eating disorders of NewYork-Presbyterian Hospital, Weill Cornell Medical College, and Columbia University College of Physicians and Surgeons, in affiliation with the New York State Psychiatric Institute.

www.nyp.org/eatingdisorders
Directions
NewYork-Presbyterian Hospital/
Westchester Division
21 Bloomingdale Road
White Plains, New York 10605
(914) 997-5779

BY CAR
FROM NEW YORK CITY
Take the Major Deegan Expressway North to Cross
County Parkway East.Take Hutchinson River Parkway
North to Exit 23 (Mamaroneck Avenue) towards White
Plains.Approximately 3 miles to right fork onto
Bloomingdale Road.Take a right at the fourth traffic
light into the hospital entrance.

FROM LONG ISLAND
Take the Whitestone Bridge to the Hutchinson River
Parkway. Take Exit 23 (Mamaroneck Avenue) towards
White Plains.Approximately 3 miles to right fork onto
Bloomingdale Road.Take a right at the fourth traffic
light into the hospital entrance.

FROM UPSTATE NEW YORK AND NEW JERSEY
Take the New York State Thruway (I-87) across the
Tappan Zee Bridge. Go 1 mile to Exit 8 onto I-287 East.
Take I-287 East to Exit 8W-Bloomingdale Road, White
Plains. Turn left at end of exit ramp on to Bloomingdale
Road. At the first traffic light at corner of Maple Avenue,
turn left into the hospital grounds.

FROM NEW ENGLAND OR NORTHERN WESTCHESTER
Take the I-95 or Merritt Parkway South or I-684 South to
I-287 West. From I-287 West take Exit 8 to White Plains.
Follow Route 119 (Westchester Avenue). Turn left at
Bloomingdale Road. Continue to traffic light at corner
of Maple Avenue. Turn left at light into the hospital
grounds.

BY TRAIN
Take the Harlem Division of Metro North from Grand
Central Station in Manhattan to the White Plains Station.
Taxis are available at the station.
Eating Disorders: Current Research
Findings and Their Clinical Applications

MAY 7, 2010
9:00 AM - 3:00 PM

To register:
Register ONLINE at www.nyp.org/eatingdisorders
or FILL OUT and Mail this registration Card.

For additional information, please call:
(914) 997-5779
or email: mkeating@nyp.org

Conference Fee:
$55.00

SAVE $15 FOR ONLINE REGISTRATION at www.nyp.org/eatingdisorders

Make checks payable to NewYork-Presbyterian Hospital
Mail to: NewYork-Presbyterian Hospital
Marketing Department
333 E. 38th Street
New York, NY 10016

New York, NY 10016
3rd Floor
Marketing Department
NewYork-Presbyterian Hospital

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