ARTHROSCOPY TO ARTHROPLASTY

Saturday, May 7, 2005  7:25 AM to 12:45 PM

COURSE DIRECTORS
Louis U. Bigliani, MD
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Director, Orthopaedic Surgery Service
Director, Center for Shoulder, Elbow, and Sports Medicine,
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FACULTY
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Director, Orthopaedic Surgery Residency Program
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Associate Professor of Clinical Orthopaedic Surgery,
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Associate Director, Center for Shoulder, Elbow,
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John Basti, PT
Lecturer, Department of Orthopaedic Surgery,
Columbia University College of Physicians
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Associate Member, Columbia Shoulder Society
Christopher S. Ahmad, MD
Assistant Professor of Orthopaedic Surgery,
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Associate Director, Center for Shoulder, Elbow,
and Sports Medicine
NewYork-Presbyterian Hospital/Columbia
University Medical Center
Vincent Perez, PT
Director, Columbia Orthopaedics Sports Therapy

PROGRAM DESCRIPTION AND OBJECTIVES
This course is intended for physical therapists, athletic
trainers, primary care physicians, and orthopaedic
surgeons who care for patients and athletes and wish
to update their knowledge on recent orthopaedic and
physical therapy advancements. The course will pro-
vide an overview of common shoulder and elbow
disorders including shoulder instability, rotator cuff
disease, shoulder and elbow arthrits, and the stiff
shoulder and elbow.

An update on the evaluation and management tech-
niques of these disorders will be presented. Current
controversies involving treatment strategies will be
focused upon. Finally, complex factors that require
physical therapy modifications including patient spe-
cific activities, pathologies, and surgical techniques
will be emphasized.

PROGRAM
7:25 am REGISTRATION: Continental Breakfast
7:55 am WELCOME:
Louis U. Bigliani, MD

SHOULDER
8:00 ANATOMY AND PHYSICAL EXAMINATION
OF THE SHOULDER:
William N. Levine, MD
8:15 SLAP AND INSTABILITY – ARTHROSCOPIC REPAIR:
Christopher S. Ahmad, MD
8:45 REHABILITATION FOLLOWING ARTHROSCOPIC
SHOULDER SURGERY – 2005 UPDATE:
Vincent Perez, PT
9:00 ADHESIVE CAPSULITIS – WHEN REHAB FAILS:
Christopher S. Ahmad, MD
9:15 REHABILITATION FOR THE FROZEN SHOULDER –
PRE-OP AND POST-OP TECHNIQUES:
John Basti, PT
9:30 DISCUSSION – Q & A
9:45 2005 UPDATE – MY APPROACH TO MINI-OPEN RCR:
Louis U. Bigliani, MD
10:00 ARTHROSCOPIC ROTATOR CUFF REPAIR – 2005 UPDATE:
William N. Levine, MD
10:15 POINT-COUNTERPOINT: PARTIAL THICKNESS
ROTATOR CUFF TEARS:
William N. Levine, MD – Moderator
CONVERT TO FULL THICKNESS:
Christopher S. Ahmad, MD
10:25 DISCUSSION: Q & A
10:35 REFRESHMENTS

SHOULDER ARTHROPLASTY – 2005 UPDATE
10:50 WHEN DO I RECOMMEND TOTAL SHOULDER
ARTHROPLASTY:
Louis U. Bigliani, MD
11:05 PROXIMAL HUMERAL FRACTURES – PERCUTANEOUS
PIN, ORIF VS HEMIARTHROPLASTY:
Christopher S. Ahmad, MD
11:20 REHABILITATION AFTER SHOULDER ARTHROPLASTY:
John Basti, PT
11:50 DISCUSSION: Q & A

ELBOW
12:00 TOTAL ELBOW ARTHROPLASTY – INDICATIONS,
TECHNIQUES AND OUTCOMES:
Theodore A. Blaine, MD
12:15 THE STIFF ELBOW – OPEN VS ARTHROSCOPIC
RELEASING:
Christopher S. Ahmad, MD
12:30 REHABILITATION AFTER MAJOR ELBOW SURGERY:
Vincent Perez, PT
12:45 ADJOURN

ACCREDITATION
This activity has been planned and implemented in
accordance with the Essential Areas and Policies of the
Accreditation Council for Continuing Medical Education
(ACCME) through the joint sponsorship of the College
of Physicians and Surgeons of Columbia University and
NewYork-Presbyterian Hospital.

The College of Physicians and Surgeons of Columbia
University takes responsibility for the content, quality
and scientific integrity of this CME activity.

The College of Physicians and Surgeons designates
this educational activity for a maximum of 4.5 category
1 credits towards the AMA Physician’s Recognition
Award. Each physician should claim only those credits
that he/she actually spent in the activity.

FACULTY DISCLOSURE
Before the program, all faculty will disclose the existence
of any financial interest and/or other relationship(s)
(e.g. employee, consultant, speaker’s bureau, grant
recipient, research support, stock ownership or any
other special relationship) they might have with A)
the manufacturer(s) of any commercial product(s) to be
discussed during their presentation and/or B) any com-
mercial contributor to this activity. When unlabeled uses
are discussed, these will also be indicated.
As one of the most comprehensive hospitals in the New York area and in the nation, NewYork-Presbyterian Hospital and its affiliated medical schools, Columbia University College of Physicians and Surgeons and Weill Medical College of Cornell University, are recognized for state-of-the-art diagnosis, treatment, and research in all specialties and subspecialties.

Columbia University and NewYork-Presbyterian Hospital have a rich tradition in orthopaedic surgery dating back to 1866 when the New York Orthopaedic Dispensary opened its doors. Since that time, NewYork-Presbyterian/Columbia Orthopedics has grown into a preeminent institution for quality patient care, research, and education. Many of the leaders in orthopaedic surgery throughout the United States and abroad have trained here at Columbia.