Nurses Hit Home Run at Yankees Game

NewYork-Presbyterian Hospital, the official hospital of the New York Yankees, teamed up with the Yankees on May 11, during National Nurses Week, to honor the extraordinary patient care provided by New York area nurses. A pregame ceremony recognized the nurses at NewYork-Presbyterian and throughout the metro area.

“The city’s nurses are our own local heroes – a championship team in their own right – and we wanted to show our heartfelt appreciation for their skills, hard work, dedication, caring and compassion,” said Dr. Pardes.

(Continued on page 4)
NYP Staff Are Everyday Heroes

How important it is for us to recognize and celebrate our heroes and she-roes!” Maya Angelou, the author and poet, has written. To do just that, NYPress is profiling five of its employees whose actions made a difference in — or even saved — the lives of patients. While doing their jobs, these individuals did more, trusting their instincts, empathizing with patients, and extending themselves in a way that NYP encourages all its employees to do.

Asiyah Trotman
Environmental Services staff member Asiyah Trotman was cleaning a room in NYP/Columbia’s Milstein Hospital Building Rehabilitation Unit in preparation for an incoming patient when she smelled something burning. She felt the wall where the bed was plugged in and found it hot to the touch. Thinking quickly, she unplugged the bed and alerted nearby nurses to the heat and odor. The nurses called the Fire Department, and soon firefighters were on the scene to deal with the threat posed by overheated electrical wires in the wall.

Ms. Trotman’s quick thinking and instant actions saved the Rehabilitation Unit’s patients from disruption and panic. “She followed all the training on RACE (Rescue, Alarm, Confinement, Evacuate),” says Dale Arnold, Director, Environmental Services. “She identified the potential risk, followed all the proper protocols, and averted a fire.”

Scott Strong and Sylvia Farrell
One April evening a large crowd at West 51st Street and Seventh Avenue in Manhattan’s Theater District applauded loudly, but not for Broadway stars. Rather they were cheering little Finn Murray Sweeney, who had just been born in the back of a livery cab, and for his parents, the cab driver, the police, and NYP Paramedics Scott Strong and Sylvia Farrell.

Finn’s parents, Even Sweeney and Inez Murray, had just made a mad dash from Prospect Heights in Brooklyn on their way to Roosevelt Hospital. Finn made clear he wasn’t waiting, however. The cab driver alerted police and paramedics to his impending birth, and six NYPD squad cars and an NYP ambulance caught up with the cab just after Finn made his debut. Paramedics Strong and Farrell cut Finn’s umbilical cord and transported him and his mother to Roosevelt.

“He is definitely going to be an adventurer and a New York man,” Finn’s mother, Even Sweeney, said of her son. “Cops and EMTs were his first friends.”

Darren Williams
On duty in NYP/Weill Cornell’s Starr Lobby, Security Officer Darren Williams saw a woman walk in unsteadily with her hand on her chest, saying she couldn’t breathe. Officer Williams ordered a wheelchair and alerted EMS. As soon as the wheelchair came, “I commandeered an elevator and ran with her from the Starr Lobby to the East 68th Street Emergency Department,” he says. When they arrived the woman was in cardiac arrest.

“I knew I had to get her to the E.D. so they could help her,” Officer Williams says. “EMS was on its way, but she couldn’t wait. My gut instinct was to get her there.” E.D. staff revived the patient, and “she’s fine, from what I understand,” Officer Williams says. “I’m just grateful I was in a position to help somebody.”

Samuel McGill
Early in his shift in the NYP/Weill Cornell Psych Emergency Department, Security Officer Samuel McGill overheard a patient tell a doctor he had taken an overdose of medication but refused to say what the medication was or how much he had taken. “I got a little nervous,” Officer McGill says, so he moved the patient to a stretcher closer to the Security desk where he could keep an eye on him and checked his pulse.

“At that point I called a nurse and said we had to get him to the medical E.D.,” Officer McGill says. He was swiftly transported there, and E.D. staff stabilized him.

According to the nurse, Anna Chin, R.N., “The patient would have died if his pulse hadn’t been checked.” “The patient is doing great now,” Officer McGill says, adding, “Knowing how to check someone’s pulse comes in handy.”
Transplant Recipients, Donor Family Meet

NEED FOR ORGAN DONATION STRESSED

When Julio Cesar Garcia, a 38-year-old pastor from Connecticut, died in the neuro ICU at NewYork-Presbyterian Hospital/Weill Cornell Medical Center on March 18, 2010, he left a lasting legacy — Garcia’s organs gave the gift of life to seven recipients, three of whom underwent transplant operations at NYP.

Garcia’s widow, Mirtala, and their three children, Kevin, Jeffrey and Brianna, met for the first time on May 11 with the people whose lives were saved by Mr. Garcia’s organs — Sebastiao Lourenco, a 56-year-old father of three, who received Mr. Garcia’s heart; Jo Ann Laskaris, 68, who received part of his liver; and Thomas Ginz, 66, who received his lung. All three were transplanted at NYP/Columbia.

“Julio said how wonderful it would be if one day someone could have his heart,” Mirtala Garcia said at a ceremony held at the headquarters of the New York Organ Donor Network. “He told me that if someone ever got his heart, he hoped that I would be able to meet them. He touched a lot of lives with God’s work, and helped a lot of people, and he is still doing it.”

“Saving a life is not the typical thing that people do, but what could possibly be better?” said Dr. Pardes at the ceremony. “What Mr. Garcia has done saved so many people and was an act of great courage and even greater generosity. He is very much a hero.”

NYP Ranks Among Best Children’s Hospitals

Once again, NewYork-Presbyterian’s Morgan Stanley Children’s Hospital and Komansky Center for Children’s Health, together, is the only tri-state-area hospital listed on the 2011 U.S. News & World Report “America’s Best Children’s Hospitals” Honor Roll.

NYP ranks in all 10 specialties surveyed: Cancer, Cardiology & Heart Surgery, Diabetes & Endocrinology, Gastroenterology, Neonatology, Nephrology, Neurology & Neurosurgery, Orthopedics, Pulmonology and Urology.

NYP ranks among the top 10 (out of 50) in three specialties: Cardiology & Heart Surgery (No. 6), Diabetes & Endocrinology (No. 9) and Neonatology (No. 6). We rank in the top 20 in an additional six specialties: Cancer (No. 17), Gastroenterology (No. 14), Neurology & Neurosurgery (No. 11), Orthopedics (No. 14), Pulmonology (No. 16) and Urology (No. 16).

The full rankings are available at www.usnews.com/childrenshospitals.

TV Documentary on Homestretch

As completion of the medical documentary being filmed at NYP nears, the filmmakers continue to profile doctors and find exciting new surgeries and compelling patient stories.

“We’ve had outstanding cooperation from faculty and staff at all the sites and have found it extremely fulfilling to film these at NYP engaged in such meaningful work,” says Terrence Wrong, the documentary’s producer. “Everyone’s continued cooperation will help us showcase the great medicine being practiced at NYP.”

Most filming for the documentary is expected to be complete mid-to-late June.

Renowned Medical Ethicist Named to New Professorship

Joseph J. Fins, M.D., Chief of the Division of Medical Ethics at NYP/Weill Cornell and Attending Physician at NYP, was named the first recipient of a newly established professorship at Weill Cornell Medical College — the E. William Davis Jr., M.D., Professor of Medical Ethics.

Dr. Fins is an internationally renowned medical ethicist and pioneer in the field of neuroethics and disorders of consciousness. The appointment was announced at a reception at the Griffis Faculty Club April 26.

The professorship was created in honor of Dr. E. William Davis Jr., who was instrumental in the founding of the Hospital’s Ethics Committee in 1994 when Dr. Fins was named as its founding chair. Dr. Davis served as Professor of Clinical Obstetrics and Gynecology at the Medical College and is currently Vice President for Medical Affairs Emeritus at NYP.
Some are 40-year veterans, others are just starting out. Some always knew they wanted to be nurses, others entered the profession after other careers. However they found their way to nursing, a common thread connects all NYP nurses - the passion they bring to their work. Here, six NYP nurses - all from very different backgrounds - discuss the profession they see as more of a calling than a job.

Kevin Cantwell, R.N.
Administrative Senior Staff Nurse, 6 North, PWW Affective Disorders Unit, NYP/Westchester

In 1993, former Marine and New York City Police Officer Kevin Cantwell embarked on a career change that would defy many people’s preconceived notions — he became a nurse. Actually, these vocations have a common thread. “It was really a continuation of my interest in helping people,” says Mr. Cantwell, who is also married to a nurse. Mr. Cantwell says the people skills he learned as a police officer — he retired as a lieutenant after 18 years — have helped him in his role as a psychiatric nurse at NYP’s Westchester Division.

“When a patient is facing a mental health crisis, it’s important to be respectful and persuade them that you’re there to help. This approach can help defuse or prevent most difficult situations,” says Mr. Cantwell, who still has the bearing of a Marine. “The payoff comes when you see a patient get better and realize you have made a difference in someone’s life.”

Dianna Smith, M.S.N., R.N., B.C., Milstein 5 Garden South, NYP/Columbia

Family tradition led Dianna Smith to her current role as Patient Care Director in Milstein’s cardiac unit. “My family has always been in health care,” she says, ticking off a mother who is a retired psychiatric nurse, a sister who is a nurse consultant, a father who is a retired OR technician and, farther back, a great-grandmother who was a midwife.

During her 25-year career, Ms. Smith has always worked in critical care, dealing with trauma, neurosurgery, cardiac surgery and medicine. Today she has 24-hour responsibility for patients with cardiac medical issues in a 36-bed unit and leads a staff of 51 (including 39 nurses). “I try to see that our patients and their families receive quality care,” she says, “and to see that staff have the proper education and scheduling so they can provide it.”

That staff is the source of her greatest satisfaction. “It’s most rewarding when they feel competent to care for difficult patients and let me know about it, when they tell me what their success is,” she says. “And then the patient’s family thank me for the staff member.”

Before she came to NYP five years ago, Ms. Smith earned nursing degrees from Wagner College and Hunter College as well as specialty certifications.
Sylvia Gonzalez, R.N., C.N.1
Audubon Clinic, Ambulatory Care Network

When Karl Cabagnot was 8 years old, he moved with his family from the Philippines to New York. His mother — Anecita Cabagnot — had been recruited to work in the newly opened NYP/Allen Hospital. Growing up, he was surrounded by stories from the medical field. His father is a physician, and he has many aunts and uncles in nursing. Mr. Cabagnot remembers hearing his mother’s stories about the patients she cared for. Today, following in his mother’s footsteps, Mr. Cabagnot has worked nights at NYP/Allen since 2009. His mother works the day shift now, and the two see each other twice every day as one or the other punches out. “I can’t mess up because everyone knows my mom,” Mr. Cabagnot says, adding, “It’s so gratifying when you see a patient transform from sickness into health and they remember you and what you’ve done for them.”

Rachel Garcia, R.N., C.N.1
Pediatric Cardiac ICU, MSCHONY

Rachel Garcia began her career as a teacher but knew nursing is where she would end up. She has always had a strong desire to help those who were most vulnerable, and to her, that means both the patient and his or her family. “It has been so rewarding developing special relationships with my patients and their families,” says Ms. Garcia, who became a nurse in 2009 and has been at NYP since then. “I like doing whatever I can to make things a little better and easier for them.” Though she has just begun her nursing career, Ms. Garcia envisions a future where nursing takes her all over the world, not only meeting new people and seeing new places, but also having the opportunity to help people wherever she goes.

Holly Macklay, R.N., M.A.
Nursing Education Clinical Instructor for Burn Unit, NYP/Weill Cornell

Holly Macklay, like many of us, has her mother to thank. It was Ms. Macklay’s mother who suggested she go into nursing, a decision that has yielded an almost 30-year career — and, coincidentally, a happy marriage. Ms. Macklay, who came to NYP in 1984, for her first job as a nurse, met her husband, Andrew Greenway, who also was a nurse on the Burn Unit. Both are still there. Ms. Macklay, now a clinical instructor, says, “I love seeing new nurses who start out as novices and watching them turn into confident and experienced professionals who feel so rewarded by caring for patients.” Even now as a teacher, Ms. Macklay says it warms her heart to see patients come back and thank the nursing staff for their hard work.

NYP has always figured largely in Sylvia Gonzalez’s life. Raised in the South Bronx, Sylvia Gonzalez often accompanied family members to NYP to serve as their translator. Her daughter was born here prematurely at 25 weeks (she is now 28) and her mother underwent heart surgery here. This May, she is celebrating 40 years in nursing, all of it spent at NYP. Motivated by a desire to give back to her community and thanks to training offered through the Hospital, she became a licensed practical nurse, then an R.N. Today, Ms. Gonzalez cares for women with complex pregnancies. She also serves on the board of the New York chapter of the National Association of Hispanic Nurses, where she mentors nursing students in the Washington Heights community and all over the New York metro area, encouraging them to get a nursing degree. “We’re there for them emotionally and help them get scholarships,” she says. Despite her own plans for retirement, Ms. Gonzalez is pursuing a B.S. in Nursing.
Nurses Receive Kudos All Around Town

Nursing Leader Recognized
New York University's College of Nursing honored Lori Armstrong, M.S.N., R.N., in April with its Preceptor Award for Nursing Administration. Ms. Armstrong is Vice President, Nursing and Patient Care Services, at Morgan Stanley Children's Hospital. She also mentors graduate nursing students in NYU's master's degree program.

NYU nursing school leaders thanked her for her involvement with and outstanding dedication to NYU students and for her “generosity of time, expertise and commitment to advanced nursing practice.”

NYP Committed to Green
For the sixth time, NYP has won an Energy Star award from the U.S. Environmental Protection Agency (EPA). The award recognizes the Hospital's efforts to reduce greenhouse gas emissions through energy efficiency.

The Energy Star Award for Sustained Excellence in Energy Management, the EPA’s highest Energy Star honor, was given to NYP at an April 12 ceremony in Washington, D.C. NYP is the only hospital in the U.S. to receive six Energy Star awards, and this year it was the only hospital in the Northeast to receive one.

“I am very proud that NewYork-Presbyterian has once again been recognized for our continuing commitment to improving energy efficiency — an investment in the future that benefits our patients, the environment and our bottom line,” Dr. Pardes said.

Awards and Honors
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NYP Physician Wins Pulitzer
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Siddhartha Mukherjee, M.D.

you work in the city, why not live in the city?

Live in NYP
NewYork-Presbyterian offers housing options at both NYP/Weill Cornell and NYP/Columbia that meet each employee’s needs at ideal locations. All housing is located near Hospital campuses, offering both convenience and affordability.

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Human Resources reports the following promotions as of April 30, 2011:

NYP/COLUMBIA
Daniel Achamppong  
Waxer - Stripper, Environmental Services-AP

Denise Coleman  
Senior Clinician-Physician, Rehab, Physical Therapy

Beatriz C. Custodio  
Unit Assistant, Catheterization Lab

Joel Dejesus  
Unit Assistant, Electro-physiology Unit

Ronald P. Egan  
Sys Admin - Transplant Svcs, Transplant Data Unit

Taniasha Gayle  
Special Procedure Technology, Radiology Inter-ventional MB4

Robert Hunte Jr.  
Coordinating RN, Cath Lab

Manuel Livingston  
Lead CT Technologist, CT Scanning MB-3

Ernesto Maldonado  
Licensed Engineers 2, Licenses, Powerhouse

Erica R. McPherson  
Clinical Nurse III, MHB-Cardiac-5GS

Jhan Nunez  
Unit Assistant, Catheterization Lab

NYP/WEILL CORNELL
Elrain Arias  
Sys Hardware Analyst III - IS, IT Back Office

Monique Ash-Ward  
Patient Care Tech, Nur-8S Crit Burn (SDU)

Lorettta Beckert  
Sr-Recruiter, HR-Employment Services

Patricia A. Brady  
Dir-Div, Enterprise Facilities Services, HR-Employment Services

Melanie F. Buchanan  
Analyst-Inventory Control, Perioperative Svs

Gregory Camacho  
Clinical Manager, Ambulatory Mgmt

Mary Elizabeth Cassai  
Patient Care Director, Ambulatory-Endoscopy

John Chu  
Physician Assistant III - IS, IT Back Office

Erik A. Joyce  
Dir-Compensation, HR - Compensation

Kiersten Kanaley  
Dir-Talent Acquisition, HR-Employment Services

Seth T. Kavanagh  
Dir-HRIS, Human Resources-HRIS

Lisa Mainieri  
Admin Dir, Service Line Division

Evelyn Michel  
Patient Care Tech, Nur-8S Crit Burn (SDU)

Megan Monahan  
Patient Care Director, Critical Care-Crit Lab

Thomas Owens  
Black Belt-Z1, NYPH Revenue Cycle Admin

Jeffrey W. Raheb  
Mgr-IS, Clinical Information Systems

Agnesca Scaranella  
Clinical Manager, Nuc-10/110 Med Surg (ONC)

Kathleen Zegers  
Dir-Benefits-Retirement Svcs, HR Support Services

If you know of any promotions that have been omitted, please report them to Human Resources at these numbers: 746-1448 (Weill Cornell); 305-8625 (Columbia). Photos by Charles Manley.

In Memoriam

Vanessa Dieguez  
Assistant in the Prenatal Care Assistance Program of NYP/Weill Cornell Women’s Health Practice, died March 1 at the age of 38. She had been employed at NYP for six years.

A resident of Brooklyn, Ms. Dieguez is survived by her husband, Israel Dieguez, and her father and stepmother. “She was an amazing ray of sunshine,” says Patient Registrar Nicole Couvertier. “She was always willing to help and always there when she was needed.”

Petra Milosevic  
47, an NYP staff member since 1994, died April 18. She was a Patient Care Technician at NYP/Weill Cornell’s Burn Center. A son survives her.

According to Patient Care Director Linda Gibbons, “Ms. Joseph was a passionate and dedicated caregiver at work and a passionate and dedicated mother at home. When not caring for her patients or her son, she was taking classes in nursing at Kingsborough Community College in Brooklyn and was due to graduate this spring.” She was a dear friend and colleague not only to the extended family of the Burn Center but also to many others at NYP.”
Benefits Corner

EDUCATIONAL ASSISTANCE PROGRAM CHANGE

Beginning with the Fall 2011 semester, a change is being made to the Educational Assistance Program for employees attending Columbia University, New York University, a SUNY or a CUNY college. NYP will remit the tuition costs directly to those universities and colleges so that employees do not have to pay in advance.

The following guidelines will apply:
• NYP will pay the employees’ tuition directly to Columbia, NYU, the SUNY or CUNY college, up to $2,000 per calendar year.
• The course at the college must be considered eligible for tuition reimbursement.
• Employees must be eligible to participate in NYP’s Educational Assistance Program.
• All Educational Assistance Program policy guidelines apply.

Policy information and details about the process are available on the NYP Infor- et for Employees page. Under Resources and Guides, click on Educational Assistance Program. If you have any questions, please call (212) 297-4428.

VOLUNTARY BENEFITS ENROLLMENT IS JUNE 1 – SEPT. 2

The enrollment period for the Unum Individual Short-Term Disability, Specified Disease Insurance and Universal Life Insurance voluntary benefits is June 1 through September 2, 2011. These benefit plans can be adjusted to meet your own personal needs.

Individual Short-Term Disability provides you with a source of income if you become ill or have an injury and are unable to work. This plan, in addition to your sick time and the state-mandated plan provided by the Hospital, is your personal income protection.

Specified Disease Insurance allows you to receive a lump sum benefit if you are diagnosed with any of six life-threatening illnesses: heart attack, stroke, major organ transplant, end-stage renal (kidney) failure, coronary artery disease, and cancer. This benefit is designed to help with all the costs your medical coverage does not cover.

Universal Life Insurance provides permanent insurance coverage designed to last beyond your working years. Premiums remain the same as you age. Coverage options are also available for your spouse and/or dependent children without covering yourself.

The effective date of each of these policies will be determined by your enrollment time. For more information, or to schedule an appointment on-site with a representative, call (800) 229-5129, ext. 201.

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"GO GREEN" WITH DIRECT DEPOSIT OF FSA REIMBURSEMENT CHECKS

P&A, our Flexible Spending Account (FSA) benefit vendor, is encouraging all participants to “Go Green” and help reduce the amount of paper used each year. As a participant in a Health Care or Dependent Care Flexible Spending Account, you can enroll for direct deposit of reimbursement checks. In addition to conserving resources, having reimbursement checks deposited directly into your bank account is faster and safeguards against the possible loss of checks sent through the mail. Participants will be notified by e-mail when the payments are deposited.

Sign up for FSA direct deposit at www.padme.com before August 31 and you will be entered into the P&A “Go Green” contest to win an iPad2.

Employee Activities and Services

TICKETS AVAILABLE AT ERRAND SOLUTIONS

Movie tickets and the sports and family entertainment tickets listed below are available for purchase at your site’s Errand Solutions Desk. Tickets can be purchased by check, money order, cash or major credit cards. You will be required to present your NewYork-Presbyterian employee ID when purchasing tickets.

For discounts on additional sports and family entertainment tickets, contact Plum Benefits, Monday through Friday, from 9 a.m. to 5 p.m., at (212) 660-1888, or log on to www.plumbenefits.com.

If you have any questions, please e-mail activities@nyp.org.

Please note: All tickets are limited to four per NYP employee. Tickets will not be held and are available on a first-come, first-served basis.

errand solutions at NYP

Summer is here and Errand Solutions can help you enjoy it! Whether you’re planning a family vacation or a neighborhood block party, Errand Solutions representatives will lend a helping hand. They can assist with travel planning, including flights, rental cars and hotels, and party planning, including placing food orders and stuffing and mailing your invitations.

June 19 is Father’s Day — the perfect opportunity to do something special for the dads in your life. Errand Solutions can help you shop for the perfect gift, make dinner reservations, or plan an outing to a baseball game or the golf course.

Errand Solutions is also here for patients and their loved ones. You can reach Errand Solutions by dialing *99 from any Hospital telephone.

Sister Act
Wednesday, June 22
Broadway Theatre
Rear Orchestra
8 p.m.
$61.50 per ticket
(adults and children 2 years and older)

American Ballet Theatre: Swan Lake
(Tickets are very limited.)
Saturday, July 2
The Metropolitan Opera, Lincoln Center
Dress Circle
$63 per ticket
(adults and children 2 years and older)

New York Mets vs. Atlanta Braves
Sunday, June 5
1:10 p.m.
Section 137/Left Field
$43.20 per ticket
(adults and children 2 years and older)

New York Yankees vs. Cleveland Indians
Friday, June 10
7:05 p.m.
Section 207, Main Level
$57 per ticket
(adults and children 2 years and older)

New York Mets vs. New York Yankees
Saturday, July 2
4:10 p.m.
CitiField
Section 137/Left Field
$56 per ticket
(adults and children 2 years and older)
Promoting a Quiet, Healing Environment for Patients and Families

Studies show that a quiet, peaceful environment promotes healing for patients and can result in better patient outcomes. The importance of a healing environment is also reflected in the HCAHPS survey, which includes a question on “quietness of the unit.” At NYP, 54 percent of patients taking the survey said it is always quiet around their room at night. While this score is 8 percentage points higher than the New York state average, it is 4 percentage points lower than the national average.

There are many sources of noise in the patient environment. Some of these include: staff conversation and activity, visitor conversation, equipment alarms and motors, TV’s and radios, cleaning activities, and foot traffic from heels of non-rubber-soled shoes.

We know our patients want us to do a better job of promoting rest, but accomplishing this goal can be difficult in a hospital setting. NYP teams are implementing a variety of strategies to decrease the noise level in patient care areas to provide the best environment for our patients.

We are working diligently to provide ill patients with high-quality care and a quiet and restful atmosphere in which to recuperate.”

— Amy Daniels, Clinical Manager, NYP/Weill Cornell

“Research has shown that sleep deprivation can have detrimental effects on an ailing patient. Poor sleep quality places ill patients at greater risk for infection, complications and mortality and can even prolong a hospital stay. We are working diligently to provide ill patients with high-quality care and a quiet and restful atmosphere in which to recuperate.”

— Amy Daniels, Clinical Manager, NYP/Weill Cornell

How You Can Help

- Create a “quietness champion” position in your area to serve as a noise-reduction specialist. Have him/her circulate, evaluate noise levels, and educate staff.
- Encourage employees to lower their voices and have conversations in designated areas, instead of in hallways and at nurses’ stations, especially at night.
- Decrease television volumes or offer patients headphones for television.
- Acuity permitting, close patients’ doors.
- Switch all cell phone and pagers to vibrate.
- Wear rubber-soled shoes in all patient care areas.
- Tighten door closers to prevent slamming of doors.
- Provide earplugs and eye masks on admission — our new amenity kits have these items.
- Program IV pumps to lowest volume.
- Severely limit overhead paging and use of intercoms during quiet times and at night.
- Identify patients who don’t need nighttime care so as not to interrupt them.
- Acuity permitting, baths, treatment activities and nursing routines should be done prior to midnight.
- Anticipate, instead of wait for, IV alarms from 9 p.m. to 7 a.m.
- Review schedule of deliveries of supplies to patient care areas to minimize late night/early morning deliveries when possible.
- Refrain from using nursing unit hallways as shortcuts to other areas of the Hospital during evening hours.
- Tighten screws and lubricate the working parts of equipment that may be squeaky because of disrepair.
Kids Have a Blast at NYP

NYP hosted 400 children at the annual Take Your Child to Work Day on April 21, welcoming 7- to 12-year-old children of employees to observe what goes on in a large hospital, to learn about different jobs in health care and perhaps even to start dreaming about their own careers.

The children visited many departments. Some met friendly Angels on a Leash and learned how pet therapy dogs help patients feel better. Others observed how medical instruments are sterilized in the Equipment Center, explored the inside of an ambulance, or visited the main kitchens at NYP/Weill Cornell and NYP/Columbia to learn how food is mass produced for patients, families and employees.

“In honor of Earth Day Awareness, our theme this year was ‘Keeping Green at NYP,’” says Kathy Suero, Specialist, Employee Activities, who organized the event at the five main NYP campuses. “Sustainability Department team members spoke to the children about the importance of recycling, conserving energy and water and keeping our Earth and air clean.”

“My son kept talking about what he did, where he went, what he saw,” says Lab Technologist Diana Cuadros. “He had a blast.”

CONTRIBUTORS
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Rick Evans
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