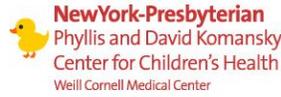


Tips for Parents by Parents



Your Child's Hospitalization – The First 24 Hours

Admission

Make sure to sign all paperwork and consents needed at the time of admission. Please give your nurse or doctor your current contact information, including home/work/cell/pager numbers where you may be reached. Your insurance company must be notified if your child is hospitalized. Please make contact with your insurance carrier and provide them the most current information that you have regarding your child's health. This is a good time to also check what your insurance policy coverage is regarding inpatient or outpatient services and providers.

Staying Connected

Complimentary television access at bedside (6 North & 6 South) enables patients and their family to watch their favorite programs and keep in touch with the top news stories. In addition, a DVD player is available at every bedside for family use. You may request DVDs from your child's Child Life Specialist. On 6 North, there is an open cabinet where your child may borrow a DVD at any time. These must be returned for cleaning to the Child Life Specialists after use. A limited number of VCRs/videotapes are also available.

Complimentary local telephone access is available at bedside (6 North & 6 South). Local calls only can be made from room phones. For long distance and out-of-state calls, we recommend using a calling card or phone card. Cell phone use is not permitted in the 6 South Pediatric Intensive Care Unit (PICU) or the 6 West Neonatal Intensive Care Unit (NICU). Cell phones may be used in other areas of the Hospital, unless a sign is posted prohibiting use. Pay phones are located on every floor of the Hospital. Telephones that have TDD (telephone device for the hearing impaired) are available for use.

If your child is located on 6 West (Neonatal Intensive Care Unit) please speak to your nurse about television and telephone services available to you. There is computer and internet access available in the 6 North patient rooms and the 6 West/6 South family lounge. Please check your unit to find out what is available to you.

Home Amenities

Shower/restroom facilities are available for patients and family members. Your Unit will either have a shower in the room for patient/parent use or you may use a common shower facility

located across from the 6 West/6 South family lounge. Parents and families should feel free to take a shower at any time. Linens and other shower items are available; please ask your nurse for needed items.

Laundry facilities are available 24 hours a day for parent and family use. The laundry room is located across from the 6 West/6 South family lounge (Room 6-309). The cost is \$1.00 per load; coins only accepted. Detergent and toiletries are also available in a vending machine located next to the washer and dryer.

Our family lounges, which are located on each unit, are a valuable amenity for family members. Our main family lounge located on 6 West (Room 6-636) is the largest of the family lounges. This lounge includes a pantry complete with two refrigerators (one for general use and one for kosher use), a microwave, and vending machines for food, beverages and snacks. The lounge provides comfort with tables and chairs for dining, a TV set, magazines, and three computers with Internet access for families' use. The Quiet Room located next to the Family Lounge (Room 6-311) allows for parents to stay overnight or rest during the day.

Parking

Valet parking at the Weill Greenberg Center main entrance (525 E. 68th Street) is available for patients' families and visitors from 6:00 AM to 10:30 PM, Monday through Friday. Parking is free on the day of discharge. There is no valet service on weekends or holidays. Please be aware of the payment form with the hospital approved garages listed below.

NewYork-Presbyterian/Weill Cornell Garage Facilities:

Helmsley (507 E. 70th Street), Payson (426 E. 71st Street), Phipps (1285 York Avenue)

Food

The Garden Café is located on the "B" level of the main Hospital building. The cafeteria-style Garden Café is open for breakfast, lunch, and dinner Monday through Friday, 6:00 AM to 8:00 PM and Saturday and Sunday, 7:00 AM to 8:00 PM. Kosher and vegetarian options are available. Dinner offerings include hot food, pizza, and a salad bar. For daily specials, call (212) 746-6368.

Au Bon Pain is located near the Information Desk just past the Hospital's main lobby and is open 24 hours a day, seven days a week. The menu includes pastries, hot and cold sandwiches, soups, salads, vegetarian options, and artisan breads.

Banking

There are two ATMs located within the hospital. There is one just outside the Garden Café in the vending machine area on the "B" level of the Main Building. There is also one located on the main floor, near the entrance to the Greenberg Pavilion.

ABOUT THE FAC: The Komansky Center Family Advisory Council (FAC) is a group of dedicated parents and family members of pediatric patients who are committed to working with the Hospital staff and pediatric administration to provide family-centered care to all of the pediatric patients. If you would like to find out more about the Family Advisory Council, please call us at (212)746-6007.