



Application of Moisturizing Lotion to the Healed Area

Moisturizing lotion such as Elta®, Lubriderm®, Cocoa butter® or Nivea®, can be applied to healed skin grafts, healed burns, and healed donor sites. They can be purchased without a prescription in any grocery or drug store.

Your doctor or nurse will tell you where to apply the moisturizing lotion.

Follow these important instructions:

- Wash your hands.
- Squeeze out a small amount of moisturizing lotion into your hands.
- Gently massage the lotion into the healed burn graft, or donor site.
- Apply moisturizing lotion within 20 minutes after a bath or shower. This is when it absorbs best.
- Reapply a small amount of lotion if the donor site, graft, or healed burn itches or is very dry and scaly.
- Do not apply moisturizer to “open” areas on your healed skin grafts, healed burns, and healed donor sites. Call the Burn Clinic at 212- 746- 5024 to make an appointment to see the burn doctor.

This information is brief and general. It should not be the only source of your information on this health care topic. It is not to be used or relied on for diagnosis or treatment. It does not take the place of instructions from your doctor. Talk to your health care providers before making a health care decision.