

Lily '19 and Briana '19

The Lang Youth Medical Program: A Transformative College Prep and Health Science Enrichment Program

 **NewYork-Presbyterian**

FALL/WINTER 2017

AMAZING
THINGS
ARE
HAPPENING
HERE

OUR GOAL

Providing Long-Term Mentoring and Educational Support to Help Underserved Students Achieve Their Potential

For the last 16 years, the Lang Youth Medical Program has offered a unique opportunity for talented students to explore their interest in healthcare at a world-class academic medical center.

The program was created for seventh- through twelfth- grade students from New York City School District Six, located in NewYork-Presbyterian/Columbia University Irving Medical Center's neighborhood of Washington Heights/Inwood. District Six is historically underserved, and over 80 percent of its students qualified for free lunch before the "Free Lunch for All" initiative was launched this fall.



Samuel Cespedes '19

The Lang Youth Medical Program:

- Is a six-year longitudinal Saturday and summer program
- Serves six cohorts totaling 80 to 90 participants annually
- Is managed by education specialists who are engaged by the Hospital and assisted by staff and students of NewYork-Presbyterian/Columbia University Irving Medical Center
- Provides mentoring and 300 structured hours of curriculum-based programming annually
- Rigorously promotes a culture of peer support.
- Requires parental involvement
- Provides summer internships and other incentives for achievement

Life-Changing Benefits for Students:

- Support to gain admittance to a top New York City high school and then to a four-year college or university
- Stimulation of interest in science and healthcare.
- Development of a personal commitment to community service

Long-Term Benefits for the Community:

- Helping to close gaps in quality education
- Forming intelligent, community-minded, engaged citizens
- Contributing to the healthcare provider pipeline
- Interrupting the cycle of intergenerational poverty
- Contributing to cultural competency and humanism in academic medical centers

"Being in the program gave me the confidence to say I was just as good and capable of competing in high school as anyone else, regardless of where I come from or what middle school I went to."

Shayna Cody '14, now attending SUNY Albany

To learn more about the program, please visit www.nyp.org/langyouth.

OUR PROGRAM

A Comprehensive Curriculum That Prepares Middle and High School Students for College, Careers in Healthcare, and Community Leadership

Every year, 12 to 15 students are selected to enter the program. Lang Youth is well-known throughout District Six, and the district's principals, guidance counselors, and teachers help with recruitment. The selected students, whose parents are also interviewed during recruitment, are highly motivated and committed to learning.

Phase I (7th Through 9th Grades): Mini-Medical School

The program starts with a mini-medical school curriculum that focuses on:

- The systems of the human body
- Diseases and their prevention
- The case study method

Advancing to Top NYC High Schools

With the intensive help of the program, eighth-grade Lang scholars have gained admittance to:

- Bard High School Early College
- The Beacon School
- Bronx High School of Science
- Columbia Secondary School for Math, Science, & Engineering
- High School for Math, Science and Engineering at City College
- Horace Mann School
- Manhattan/Hunter Science High School
- Manhattan Village
- NYC iSchool
- Stuyvesant High School
- Thurgood Marshall Academy
- Trinity School



Jose, Class of 2019, presenting on olfactory receptors during the summer 2017 EXPO

Phase II (10th Through 12th Grades): Public Health and College Prep

In the next phase, high school students undertake a Public Health and College Preparation curriculum that combines:

- Community and global health issues
- Writing and public speaking skills
- Formal SAT preparation courses
- Summer internships with modest stipends.
- Science fair presentations
- Individualized college application guidance
- Visits to several colleges and universities along the East Coast
- Formal opportunities for community service

"My first year at Lang Youth was very inspiring, experiencing things that a kid from my school doesn't normally get the opportunity to see."

Christian '17

OUR RESULTS

Lang Graduates Realize Their College and Career Aspirations

Since the first senior class in 2009, **over 40 graduates have completed their undergraduate education** at four-year colleges or universities.

Five of our graduates are recipients of the prestigious Posse Foundation scholarship, and three have attended Ivy League schools.

In addition to completing their undergraduate education, **seven are currently enrolled in graduate school, three alumni have received their graduate degrees, and one alumnus is pursuing a medical degree.** Every one of our graduates is working, transitioning to graduate school, or enrolled in an undergraduate or graduate program to further their careers.

Many have chosen professions in healthcare, including nursing, psychology, public health, and social work.

We are especially proud that **four alumni now work at NewYork-Presbyterian:**

Julia Bardales, Lang Youth Medical Program Middle School Coordinator

Diogenes Montano, Emergency Department Patient Navigator

Danissa Salazar, Neonatal Intensive Care Unit Registered Nurse

Henley Vargas, Health Home Department Quality Management Specialist

To support our growing alumni community, our first Alumni Relations Coordinator is developing robust programming, including ongoing communication and networking forums, educational and professional development opportunities, and social events.



Lang Youth Graduating Class of 2017

The following are some of the colleges our alumni have attended:

Barnard College
Baruch College/CUNY
City College/CUNY
Clark University
College of Mount Saint Vincent
The College of Saint Rose
College of Staten Island/CUNY
Columbia University
Cornell University
Earlham College
Fordham University
Howard University
Hobart and William Smith Colleges
Hunter College/CUNY
Iona College
Ithaca College
John Jay College of Criminal Justice/CUNY
Lawrence University
Lehman College/CUNY
Mercy College
Mitchell College
New York University

Paul Smith's College
Princeton University
Quinnipiac University
Siena College
Smith College
SUNY Albany
SUNY Binghamton
SUNY Buffalo
SUNY Cortland
SUNY Delhi
SUNY Fredonia
SUNY Geneseo
SUNY Oneonta
SUNY Oswego
SUNY Plattsburg
SUNY Purchase
SUNY Stony Brook
University of Michigan
University of New Haven
Syracuse University
University of Udine, Italy
University of Wisconsin-Madison
Ursinus College
Vanderbilt University
Wheaton College

PROGRAM SUSTAINABILITY

Your Gift Helps to Provide Our Deserving Scholars With the Support and Education They Need to Achieve Success

The Lang Youth Medical Program's proven, cost-effective, and life-changing results are made possible by the support of many generous donors.

It costs approximately \$7,000 per year to fund one student's participation in the program. The total operating budget for 80-90 students is approximately \$600,000.

Base support for the Lang Youth Medical Program is provided by:

- An endowment, established by founding donor, Eugene M. Lang, that generates approximately \$90,000 annually;
- NewYork-Presbyterian's significant annual contribution of infrastructure and \$75,000 in operating dollars



Students learn through hands-on simulations

How Your Investment Makes a Difference:

We annually seek \$435,000 in philanthropic support to maintain the program.



\$1,000 Buys academic materials and supplies



\$2,500 Funds five \$500 summer internship stipends



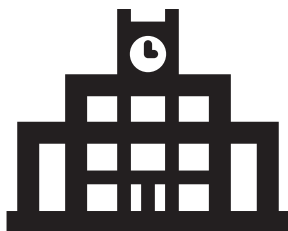
\$5,000 Covers SAT prep courses



\$7,000 Supports one student for a year



\$9,000 Funds six \$1,500 college scholarships



\$10,000 Covers five annual group college trips (NYC, NYS, Northeast)



\$25,000 Funds the college educator/mentor stipends in summer session



\$42,000 Supports six students for a year

Support the Lang Youth Medical Program and Help Put Students on the Road to College and Career Success



We Thank You for a Contribution in Any Amount

Checks can be made payable to the New York-Presbyterian Fund, Inc., and mailed in the enclosed envelope to:

**NewYork-Presbyterian
Office of Development**
654 West 170th Street
New York, NY 10032

To make a gift online, please:

1. Go to give.nyp.org/donate
2. Please allocate your gift to OTHER and specify "Lang Youth Medical Program"

To learn more about supporting the Lang Youth Medical Program, please contact:

Victoria Schlegel
Director of Corporate and Foundation Relations
Telephone: 212-342-0936
Email: cfrelations@nyp.org

Augustin '15

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