



Inflammatory Bowel Disease Care & Research

— NewYork-Presbyterian
— Weill Cornell Medical Center

Center for
Advanced Digestive Care



NewYork-Presbyterian/Weill Cornell Medical Center Inflammatory Bowel Disease Care & Research

The Center for Advanced Digestive Care at NewYork-Presbyterian/Weill Cornell Medical Center is one of the nation's leading multidisciplinary centers for the diagnosis and treatment of digestive diseases. By bringing together skilled specialists and leading researchers, we provide patients with exceptional digestive disease care and groundbreaking therapies in a caring environment.

Treatment of the total patient is the cornerstone of our Inflammatory Bowel Disease (IBD) program at NewYork-Presbyterian. Patient-centered care extends from basic science to clinical medicine, and from surgery to nutrition. As we work to advance the treatment of IBD on all fronts, we place a high priority on our patients' quality of life and participation in their care.

Pictured above: Multidisciplinary IBD leadership at the CADC

Left to right: Robbyn E. Sockolow, MD; Fabrizio Michelassi, MD, FACS; Ellen J. Scherl, MD, FACP; David Artis, PhD

Our patient-centered IBD program combines comprehensive medical care with access to the latest research breakthroughs and innovative surgical therapies.

What Sets Us Apart

At the Center for Advanced Digestive Care, we are committed to caring while curing. Our clinicians, surgeons, and researchers work every day to provide active therapies to treat chronic disease for our IBD patients. Some of the unique aspects of our program include:

- An interactive, proactive approach that involves patients in predicting and preventing flares
- A bowel-sparing philosophy when surgical intervention is required, with a focus on minimally invasive techniques
- An exceptional research institute dedicated to finding new treatments and even a cure
- A pediatric IBD transition program to empower young patients as they grow to adulthood
- A commitment to nutrition counseling, social work, and education as part of IBD treatment
- On-site adult and pediatric infusion centers
- A tightly-knit community of gastroenterologists and related specialists, all in close physical proximity

The CADC's commitment to advancing IBD treatment is seen across multiple centers and programs, including the Jill Roberts Center for Inflammatory Bowel Disease, the Weill Cornell

Medical College Department of Surgery, the Division of Pediatric Gastroenterology at the Phyllis and David Komansky Center for Children's Health, and the Jill Roberts Institute for Research in Inflammatory Bowel Disease.

Groundbreaking Research

As faculty of Weill Cornell Medical College, our physicians and researchers conduct notable basic science, clinical, translational, and outcomes research on IBD. Current research includes:

- An NIH-sponsored study tracking statural growth in pediatric Crohn's disease patients
- Unlocking the relationship between gut inflammation, the microbiota, and the immune system
- Testing of new drugs, including novel delivery methods, with a focus on refractory patients who have exhausted hope on other medicines
- Studying the rate of Crohn's disease recurrence in conventional side-to-side functional end anastomosis versus the new Kono-S side-to-side antimesenteric anastomosis
- Assessing the feasibility and long-term outcomes of bowel-saving strictureplasty techniques for terminal ileitis
- Understanding the connection between arthritis and IBD

- Tracking the outcomes of children and women on immunotherapy
- Evaluating the efficacy of fecal microbiota transfer for ulcerative colitis
- Examining the safety of cyclosporine during the first trimester of pregnancy

Our physicians and scientists also contribute to and have access to multiple live cell and tissue biobanks, allowing for expansive research and collaboration.

True Focus on the Patient

The CADC has unrivaled capability and flexibility to help patients with IBD. All Jill Roberts Center patients and Komansky pediatric patients see their doctor at every infusion visit. On-site infusion and scoping capabilities make things easy for patients, as does the close proximity of clinic space for related specialists.

The focus on the "total patient" extends beyond treating gut inflammation to involve nutrition, dermatology, rheumatology, and ophthalmology. Extra focus is also placed on growth, psychosocial and vaccination needs at the CADC. The patient-centered model features numerous complimentary services, including consultations with a social worker, registered dietitian, or genetic counselor, available to all IBD patients. Patients in need of a body-image-altering procedure are also able to see a wound, ostomy, and continence nurse at no cost.

An Interactive Team

IBD care at the CADC is multifaceted and highly coordinated. Every care team starts with a gastroenterologist and can include nurse practitioners, registered dietitians, IV infusion nurses, physician assistants, social workers, other specialists such as a dermatologist or rheumatologist, and a surgeon when necessary.

Physician-to-physician collaboration and proximity allow for exceptional case management. With frequent multidisciplinary case conferences, patients receive the insight of more experts than the doctor they regularly see. Our physicians have a strong rapport with each other and work together to achieve the best results for our patients. Such relationships even extend to high-risk OB/GYNs to provide women with IBD who wish to become pregnant with valuable guidance on conception and pregnancy care. This cohesive communication also exists digitally, with seamless electronic medical record access for all providers on the case and 24/7 patient portal access for test results and communication.

For More Information

To learn more about our program, to refer a patient, or to schedule an appointment, please contact us at 877-902-2232 (877-902-CADC). You can also visit us online at nyp.org/cadc.



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