



What is Pastoral Care?

Pastoral Care is the hospital department that provides spiritual care and support for patients and staff.

Interfaith chaplains are specifically trained to provide religious and spiritual guidance.



When should a chaplain be contacted?

- When someone has a specific religious need or question or would like their local clergy contacted.
- When a patient asks to see a chaplain.
- The clinical team feels a pastoral consultation might help a patient and/or family member.
- When someone in the hospital has to miss an important event like a wedding, funeral, family or holiday celebration.
- When a patient asks questions about the purpose or meaning of life, unresolved grief or guilt, or feels God is angry with them or has abandoned them, or has something they wish to give thanks for.
- When a patient wants to develop a relationship with a Higher Power or the God of their understanding.
- When a family member, patient or staff member needs more emotional support.
- When the patient requests religious literature.



Who should contact the chaplain?

Anyone can contact the chaplain-
-staff members, patients, family
members or clergy from the
community.



How do I contact a chaplain?

Chaplains are available through the respective offices at the various sites during regular working hours (9:00 am to 5:00 pm) and at other times through an on-call system particular to each site.



What is spirituality?

Spirituality is a person's attitudes and outlook about the non-physical aspects of life--the "spirit".

It is sometimes reflected in belonging to a church, synagogue or mosque following a religion, or holding specific religious or spiritual beliefs.



Special Dietary Services

Some Jewish and Islamic patients follow Kosher diets.

To request Kosher food for a patient, nursing staff can contact Nutrition or Food Service.