

Music Therapy Internship Program at New York-Presbyterian Phyllis and David Komansky Center for Children's Health Weill Cornell Medical Center

Thank you for your interest in the Music Therapy internship program of the New York-Presbyterian Phyllis and David Komansky Center for Children's Health /Weill Cornell Medical Center. The goal of our internship program is to offer Music Therapy interns a wide range of learning opportunities to develop clinical skills. It is during this internship experience, students will engage in enriching and thought provoking learning opportunities, which link theory to actual "hands-on" practices with children, youth and families. This internship program will help clinically prepare students in skills that can be applied to any setting as a music therapist.

We offer the framework and support necessary for interns to build independence in developing treatment plans thorough assessments, providing appropriate interventions, and creating unique programming for children and families. In addition, interns increase their skills and focus their learning through curriculum focused readings, seminars and relevant assignments.

Music Therapy of the NYP Komansky Center adheres to the standards, ethical practice, philosophy, and mission of the American Music Therapy Association (AMTA) including the National Internship Guidelines and the AMTA Professional Competencies which includes a competency based evaluation. Our students are an integral part of our services for pediatric patients and their families and we are committed to the professional growth and development of future board certified and licensed music therapists.

Program Goals

Interns through their placement in Music Therapy will:

- Develop music therapy clinical skills through hands-on experience and supervision in inpatient and/or outpatient areas.
- Incorporate music to enhance the social, emotional, developmental, intellectual and physical well-being of infants, children, adolescents and families in the healthcare setting.
- Gain a deeper understanding of the profession of Music Therapy.
- Enhance their practices in therapeutic interactions with children, youth, and families.
- Explore developmental and psychological theories and have the opportunity to link theoretical frameworks to music therapy interventions and practices.
- Increase their knowledge of common pediatric diagnoses and medical terminology.
- Increase their knowledge of recommended practices for children, youth and families from diverse cultural and religious backgrounds.
- Participate in multidisciplinary meetings, special events, support groups and supervision of volunteers.
- Enhance their critical thinking skills through reflections, thought provoking assignments, journaling, seminars, as well as weekly supervision.
- Strengthen confidence to function independently as a professional music therapist
- Develop an appreciation for Child Life and other medical and allied health professions, with potential for co-treatment and referral opportunities

Placements

Interns will begin their experience with a one-week general orientation, followed by their primary clinical placement. At the mid-point, interns will rotate to their secondary clinical placement.

Placement areas for interns include but are not limited to General Pediatrics, Pediatric Intensive Care Unit (PICU), Neonatal Intensive Care Unit (NICU), Pediatric Burn Unit and Adolescent Psychiatry. Availability of placements will vary each semester. Regardless of the rotations, each

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intern will be supervised throughout the entirety of their internship by a Board Certified Music Therapist and/or Licensed Creative Arts Therapist meeting the standards set forth by the AMTA.

Are start/end dates flexible?

Start/end dates depend on several variables, including hospital orientation dates and the length of the student experience. Check with the internship coordinator for the program you are interested in and for more specific information on the flexibility of start/end dates.

How many students do you accept at a time?

The number of students accepted will vary from semester to semester due to the number of applicants and supervisor availability. Generally, we accept one to two music therapy interns per academic year.

Do I get to pick where I am placed?

Interns have the ability to give feedback about which areas in the hospital are most interesting to them. Final placement decisions are made at the discretion of the music therapy internship coordinator and Child Life Services manager.

What are the prerequisites for applying for an internship?

Potential interns must have successfully completed a practicum of 150 hours volunteer hours working with children in the pediatric healthcare setting under the supervision of a music therapist. The educational prerequisites need to include the music therapy theory and practice courses provided by an accredited university. The student must be in good standing with the educational institution and provide a recent school transcript and/or a current resume.

I have experiences working with children in other settings. Do they count towards hours of experience?

While all these experiences with children are extremely valuable in the selection process and your career overall, the 150 hours in a pediatric healthcare setting under the supervision of a music therapist and/or licensed creative arts therapist are a requirement. Additional hours in other settings should be included on your application.

What level of education do I need to qualify for the internship program?

We will consider both undergraduate and graduate students

How do I know if I have the correct coursework to do an internship in music therapy?

AMTA is the governing organization for the music therapy profession. Information on coursework can be found on their website; www.musictherapy.org.

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What major should I pursue to be a music therapist?

Information on career planning can be found on the AMTA website www.musictherapy.org.

Do you accept interns that are not currently enrolled in/affiliated with a college or university?

No

Is the internship full-time?

No

Is an on-site interview required?

No, we have capability to set up a skype interview, although all applicants are strongly encouraged to visit for an on-site tour and interview.

Stipends

The Music Therapy Internship is an unpaid student experience.

Housing

NewYork-Presbyterian is unable to provide housing, yet our Real Estate office is available to assist with real estate listings and brokers.

Scheduling

Fall-Spring Session; 25 hours per week for 45 weeks ; 1200 hours

Some clinical rotations may include early morning/evening and weekend hours to best meet patient and family care needs. Hours are not to exceed an 8-hour workday and will always include 2 consecutive days off. Anticipated time off must be approved before the start of your internship. Any additional requests for time off should be submitted in writing to your supervisor 2 weeks prior to the requested time. All time beyond 2 sick days must be made up in order to complete internship hour requirements.

How To Apply:

Prior to Application

- Complete coursework for a bachelors or masters in music therapy to be earned at completion of internship experience.
- Experience with children and families in non-healthcare settings (i.e. daycare, school environment)

Adapted by Dr. Rebecca Loveszy, RMT, MT-BC, LCAT, CCLS
in accordance with AMTA Internship Standards of Practice
from NYP CL Internship Website
developed by Frances Renton, MA, CCLS

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- Minimum of 150 hours of fieldwork or volunteer experience in music therapy and under the supervision of a music therapist.

Submit a letter of intent with the following documents:

- Confirmation of completed pre-requirement of at least 150 hours volunteer/fieldwork experience in music therapy.
- 1 current (within the past year) sealed letter of recommendation from a music therapist supervising your fieldwork or volunteer experience
- 1 current sealed letter of recommendation from professional of your choice
- Current Curriculum Vitae
- Official sealed copies of College/University transcripts (undergraduate and graduate if applicable)

Send Applications to:

ATTN: Dr. Rebecca Loveszy, RMT, MT-BC, LCAT, CCLS
Music Therapy Internship Coordinator
Child Life Services
The Phyllis and David Komansky Center for Children
New York Presbyterian Hospital/Weill Cornell Medical Center
Box 271
525 East 68th Street
New York, NY 10065

office: 212.746.3723
e-mail: rel9032@nyp.org

After review of complete applications, applicants may be contacted for an interview. Selection of interns is based on college major, high level of academic achievement, letters of recommendations, written and verbal communication skills, strong personal qualities appropriate when working with children, families, staff and supervisors and strong knowledge of child development and child life.

Internships are offered once a year and follow the school calendar time-line. Please check www.musictherapy.org for current internship application deadlines for Fall internship opportunities.