



February is Heart Month

NewYork-Presbyterian Lower Manhattan 2018 Heart Month Events

Thursday, February 1, 2018

HANDS ONLY CPR EXPO

11:00am – 5:00pm

NYPD Headquarters 1 Police Plaza

Collaboration between NYP and NYPD to raise awareness
and educate the community about hands-only CPR.

Wednesday, February 14, 2018

HEART MONTH TABLE EVENT FOR VALENTINE'S DAY CARDS AND NYPBEHEALTHY INFORMATION

12:00pm-2:00pm

83 Gold Street Lobby

Elizabeth Schwartz will be hosting a table event to distribute
Heart Month Valentine's Day cards. Jocelyn O'Keefe (Wellbeing coach)
will provide information about habits to keep their heart healthy.

Wednesday, February 21, 2018

LMH CLINICAL NUTRITION TABLE EVENT

11:00am-1:00pm

83 Gold Street Lobby

"Hummus 3 Ways" by Chef Patrick. Samples will be available to attendees. Receive recipe
cards, educational handouts and give-aways on portion control.